HIGHLAND SUPPORT PROJECT

EMPOWERING WOMEN AND COMMUNITIES

Travel with Purpose

Guatemala Highlands August 1 – 9, 2020



Empower the world – transform your life also see Lake Atitlan, swim in volcanic hot-springs,

Mayan ruins and the beautiful city of Antiqua



FUMC Contact Trish Vaughan: trish_vaughan@live.com

Empowerment, not charity...

www.highlandsupportproject.org/trips

...Hope, not dependency

HIGHLAND SUPPORT PROJECT



Stove Building, Reforestation & Children's Art Programs

Connecting with Mayan Families

Dusty

Shoes

Mission

Team

FREDERICKSBURG

UNITED METHODIST CHURCH

SEEK

SERVE GROW



SAFE, SECURE and 20 YEARS EXPERIENCE in service and relationships with Mayan and Native American communities. Lives are being transformed and people are empowered to change their OWN futures for the better.

Sample Itinerary

•Saturday

- Arrive in Guatemala City on flight from United States departure city depends on group
- Drive to Lake Atitlan in private van where team will spend first night

•Sunday

- Tour outdoor indigenous market in Guatemala
- Visit coffee co-op in San Juan
- Drive to Quetzaltenango/Chuicutama where team will be housed for the week
- Visit with Mayan community activist

•Monday

- Work in Community
- Speaker: Maya culture and cosmovision
- Maya ceremony in the evening

Tuesday

- Work in community
- Meet with local environmentalist for talk on conservation

•Wednesday

- Work in Community
- Relax at natural hot springs
- Meet with women's organizer

•Thursday

- Work in community participate in reforestation project
- Community Celebration with those we serve

•Friday/Saturday

- Travel to Antigua and check into very cool hotel
- Shopping and sightseeing in Antigua

•Sunday

Return flight to the United States

2020 Guatemala Mission Trip Cost & Meeting Information

"Dusty Shoes" Mission Trip: August 1 – 9, 2020

Cost Estimates:

Low range: \$1,212.00 (trip) + \$675.00 (airfare) = \$1,887.00 High range: \$1,302.00 (trip) + \$750.00 (airfare) = \$2,052.00

Trip Costs:

- Up to 12 people = \$1,348 + airfare*
- 12-24 people = \$1,302 + airfare *
- 25 + people \$1,212 + airfare*

DRAFT

*Airfare is between \$650 - \$750 depending on the flight booked. Baggage charge of \$25 per bag due at departure airports. If we choose the cheaper flight, we will stay in Guatemala City over night for an additional \$25 per person and leave for "Pana" (Lake Atitlan) early in the morning.

Payment Schedule

- March 1 Trip Deposit of \$300.00 due and Online profile/release form.
- April 1– Trip Payment 1(Half of Trip Cost)
- June 1 Trip Payment 2 (Balance of Trip)
 - February April: Highland Support Project (HSP) will send you a QuickBooks invoice based on your payment and payment options chosen at our meeting (see sample invoice below)
 - Payment info and address if using a paper check:
 - o Check made payable to Highland Support Project
 - Enter your invoice number in the memo section of the check

Team Meeting Schedule

 \checkmark

- ✓ February 2 Fredericksburg UMC @ 2 PM, 308 Hanover Street, Fredericksburg, VA 22401 Room
 - 236 or via a ZOOM Meeting using your Smartphone, tablet or computer (with Camera and Speakers)
 Newcomer and informational meeting, Invite will be sent or shared with you in January
 - o Newcomer and informational meeting, invite win be sent of shared with you in January
 - March 1 Phone Call to Trish (2PM 7PM, 540-656-0905) with commitment to join trip
 - o Online or paper HSP Profile Form due. <u>http://highlandsupportproject.org/profile-and-release-of-claim/</u>
 - Be prepared to select your Payment Options today (online check, paper check or Credit Card (adds 5% fee to your invoice)
 - Provide your team t-shirt size (S 5XL)
 - Send copy or photo your Passport (take picture outside for less shadows/glare)
- May 3 Fredericksburg UMC @ 2 PM, 308 Hanover Street, Fredericksburg, VA 22401 or via a ZOOM Meeting
 - For those from out of town put 307 Charlotte Street, 22401 in your navigator for our parking lot entrance.
 - \circ \quad Will Discuss Itinerary options we want to choose
 - Packing List
- ✓ July 12 or July 19 meeting @ TBD Final UM Volunteer in Mission forms due final preparations and packing, Airport Logisitics

- o Travel Insurance (Highland Support Project buys travel insurance for medical issues in country)
- o Team Coordination in Guatemala
- Drivers/Security/Fuel/Bus (in country drivers are awesome)
- Meals in the village
- o Hotel and dinner upon arrival in Panajachel or Guatemala City (July 27, flight dependent)
- Breakfast and Travel to Panajachel on Sunday (July 28), Coffee Tour/Lunch and travel to Community Center in the highlands. Dinner is in the community center in the village.
- \circ Hotel and meals at the end of the week (Friday and Saturday) in Antigua
- Supplies for **one stove per person**, entrance fee to Iximche Mayan Ruins, Volcanic Hot Springs, Maya Ceremony/speakers, Contribution to Guatemalan Methodist Church for Women Circle programming.

NOT Included in your Trip costs

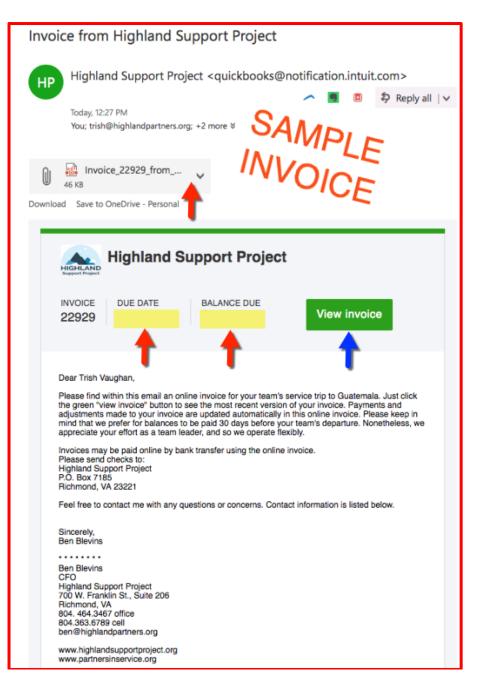
- USA Airport transportation to and from will discuss as team
- Team T-Shirt (\$14.70 each to Trish whenever (Dusty Shoes))
- Love offering to cooks, drivers at the end of the week give what you can/want in US Dollars (USD) or Guatemalan quetzals (\$Q).
- Money for shopping \$100 \$200 is what we usually recommend. And yes, bargaining is expected on the streets, not in stores. Bank ATMs are available in Panajachel & Antigua.
- Any Tuk-Tuk/Taxi you hire for getting around in town.
- Snacks and coffee you purchase on your own in Antigua/Tikal and at the airport (August 2-4).
- <u>\$30 exit fee</u> you want to make sure to hold on to \$30 USD (small bills) until we get to the airport it never costs this much, but you never know!

Other things to think about:

- Do you have a passport?
- Does your passport expire BEFORE March 2021? Time to renew now!



- Does your church knit prayer shawls? We bring shawls to the women we build stoves for as a physical reminder of God's loving arms.
- Can your church/friends/family help sponsor your trip? Help Provide you transportation to the airport?
- Do you have a **soft sided**-duffel bag? (with wheels is fine)? No hard cases please... borrow what you need.
- Do you have a back-pack for carry-on and work day supplies and tools?
- What if I have to cancel? Your TRIP costs, less the \$300 deposit can be refunded. However, your airline ticket is in your name (once purchased), you can change flights with the airlines, according to their rules.
- Can someone join our trip later? Yes definitely, but they will have less time to pay for their trip and their airfare may be a higher price.



Dusty Shoes Team T-Shirts 2018 - example - color TBD for 2020

