



OPEN DOOR

A FREDERICKSBURG UNITED METHODIST CHURCH MAGAZINE

WORSHIP

Saturdays
5:00 PM

Sundays
8:30 AM
9:45 AM
11:00 AM

SUNDAY SCHOOL

Children & Youth
Sundays 9:45 AM

Adults
9:45 AM
11:00 AM

CHURCH OFFICE

Monday - Friday
9:00 AM - 4:00 PM

540-373-9021

www.fumcva.org



Look for us on Facebook

Welcome to the Open Door

Fredericksburg UMC

Making the Church Vision – Our Vision

Seek others in our community, **Serve** their needs
Grow the love of Christ, **Connect** with each other

Prayer of Jabez and our 60 Day Prayer Challenge

Diane Sawyer, former co-anchor for, "Good Morning America" talked in Guidepost magazine about meeting Catherine Marshall, the famous author. Expecting a typical pep talk, Diane was not prepared for what Catherine had to say: "You have set goals, but I don't think you set them high enough. I think you should take those goals and expand them. Think of the most you could do with your life. Make what you do matter. Above all, dream big."

Diane took her message to heart and has learned to dream big but what about the rest of us? Will God help us set higher goals and learn to dream big? Has your church learned to dream big?

"Larry, I have a stressful schedule and work too hard already? What more can God expect?"

Dreaming big has nothing to do with stress or work habits. Here is the question: "Do you believe God can do big things through you and your church? Are you seeking to fulfill God's purpose?"

Years ago, churches studied "Prayer of Jabez" a book by Bruce Wilkinson about a virtually unknown Bible character named Jabez. Bruce found this prayer in 1 Chronicles of the Bible:

"Oh, that You would bless me indeed and enlarge my territory that Your hand would be with me and that You would keep me from evil, that I may not cause pain!"

Many lives were changed as our church took the "Prayer of Jabez" challenge asking God to "enlarge our territory." One answer came within months when we found ourselves sharing facilities with a church destroyed by a tornado. The unique relationship forged between our two congregations, white, black, Baptist and Methodist created many unique ministry experiences and resulted in our community rebuilding their church.

Catherine Marshall said: "Think of the most you could do with your lives. Make what you do matter. Above all, dream big." God can do big things through you and your church.

For sixty days, I challenge you to join me in dreaming big and ask God to enlarge your territory: "Oh, that You would bless me indeed and enlarge my territory that Your hand would be with me and that You would keep me from evil, that I may not cause pain!" Here is what I predict:

You will have your life and purpose stretched far beyond what you ever imagined. Some of you will make radical life changing decisions over the next few months. Most of you will see a clear example of God working within your life. Our church will become more of a leader and example within our community. Our church will take on at least one new special project through God's leading. Our church will also begin to grow as you continue to make a difference for God.

Will you join me in "dreaming big" and take the "Prayer of Jabez" sixty-day challenge?

NEW MEMBERS WELCOME CORNER

Check out this section of the monthly Newsletter to learn a little about our new members. We will be featuring several new members who have joined in the past few months.

New members- Please contact Denise Gates at dgparishnurse@hotmail.com with any questions about photos or information you would like to share with us.



Mike and Roxie Joyce relocated to Fredericksburg after spending most of their lives in Georgia. Mike is semi-retired and enjoys yard work and being a handyman. Roxie has been employed in Health Care for over 38 years and currently is employed at Mary Washington Hospital. Roxie is involved in our amazing Choir and Mike enthusiastically serves as a greeter. Welcome to FUMC!!!

Meet Josh Hagstrom, our new Associate Pastor



Josh Hagstrom grew up and is currently living in Herndon, VA. He is interning at Rising Hope Mission Church in Alexandria, VA. He helps lead their Sunday morning worship service, co-leads their small-group ministries, and sits on the Leadership Visioning Team of the church.

Josh previously served as IMPACT Coordinator at Pleasant Valley UMC in Chantilly, VA, for two years. He helped start a mission-focused worship service that provided supplies to local nonprofits serving the needs of the hungry and poor in the Chantilly community. Prior to his time at PVUMC, Josh served as the Director of Emergent Ministries for St. Luke's UMC for two years. He helped start a contemporary worship service, as well as new ministries to connect with the members of the local community who were previously disengaged with the church. These ministries included Upward Basketball, quarterly outreach events such as open-mic nights and volleyball tournaments, small-group opportunities for local and returning college-aged students, and monthly events for older adults.

Josh will be graduating this May from Wesley Theological Seminary with a Master of Divinity degree. He earned a Bachelor of Music degree from the University of North Carolina Greensboro.

Josh is passionate about building and sustaining healthy communities in and with local churches. He enjoys creating and facilitating connection opportunities so that members of the local church can grow and foster relationships with one another as they grow closer to God.

Josh's other interests include trying new crock pot recipes, playing board games, watching a good show on Netflix (recommendations are appreciated!), and reading a good book at local coffee shops.

Our Current Sermon Series continues through June



Primarily based on Scripture and guided by the book by Dr. Henry Cloud, the sermon series “What you simply must do to succeed in love and life” is an opportunity for Pastor Larry and Pastor Robb to share insights on what we’ve learned after a combined 50 plus years in ministry. What experiences and observations can we share to help each other as we try to work out the most important issues of life involving our relationships, career, fulfillment and meaning. If we sincerely want to “get life right” and quit repeating the same mistakes over and over again, What You Simply Must Do can provide the practical guidance we need to discover God’s purpose and live life to its fullest . . . every moment.

April 8—Dig It Up: Searching for Buried Treasure

April 15—Pull the Tooth

April 22—Play the Movie

April 29—Do Something

May 6—Act Like an Ant

May 13—Hate Well

May 20—Don’t Play Fair

May 27—Be Humble

June 3—Upset the Right People

June 10— In Conclusion: Do Not Worry



Thank you from Abby Kefauver, GS Troop 263



“We could not have done it without your cooperation and generosity of the church! We were able to raise \$260.00 to buy paper towels, deodorant, toothpaste, dish detergent and trash bags to Hope House. Thank you so much again for all your help!”

Great Job, ABBY!

SERVE

We are called as Disciples of Jesus Christ to love God, love others, and serve the world. We are called to serve and witness to God's love "in Jerusalem, in all Judea and Samaria and to the ends of the earth." (Acts 1:8)



Heritage Park Food Boxes We purchased bags of potatoes, sweet potatoes and oranges from local markets. Our food pantry provided non-perishable items as well as bacon, chicken and sausage. Mike, Jennifer Pritchett and Beth Como, who are involved with the Saturday evening service, delivered five boxes to Heritage Park. Jennifer Pritchett and Beth Como will be assuming responsibility for future food delivery. Mike Cotter has applied for a tax exempt certificate to use when purchasing food. Prior to this the SERVE committee was providing financial support to St. Mary's Share, but we have found that for the same money we can buy more food, for more families each month! Thank you to Mike Cotter for leading this effort

The Refugee Resettlement collection is being well-supported by the church members. This includes items needed by a family moving into housing. Items should be in good or nearly new condition. Thank you for your support.

Welcome and thank you to Judy Steadman, who is the our new church representative to Micah.

SPOTLIGHT



SCHOOL DRESSING DAYS – 2018



For the past 40 plus years, events now known as School Dressing Days, have been held in Fredericksburg for the benefit of children who need a little help getting ready for the start of school. **This year the event will be held on Friday, August 10 and Saturday, August 11 at the Church of**

Jesus Christ of Latter Day Saints on Bragg Road in Fredericksburg.

Children from Kindergarten through 12th grade are eligible to attend as well as Head Start children with an acceptance letter. The event serves children from Fredericksburg, Stafford, Spotsylvania, Caroline and King George counties. Children receive backpacks, basic school supplies based on grade, toiletries, new jeans and shirts, new underwear and socks (now including undershirts for boys and bras for girls), new or gently used outerwear (jackets, coats, or hoodies) and shoes. When a nurse is available, the TDAP inoculation is also available for rising 6th graders.

Pre-registration is required and there are at least 6 pre-registration dates scheduled, including three at FUMC. Over 1400 children have been helped each of the past two years.

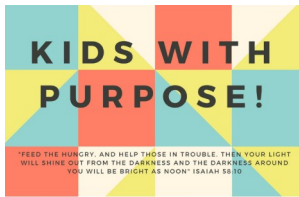


Volunteers are needed to help at the event in August. Some take the families through the well-organized areas of the church and help them select the items of their choice. Other volunteers work at the various stations keeping things orderly and offering additional assistance. Spanish-speaking individuals are always needed. Help is also needed during the Wednesday and Thursday set-up times and early Monday morning to get materials back to the storage area. Signing up to volunteer is done through SignUpGenius; when the link is available, it will be disseminated in an upcoming newsletter.

SDD Fundraiser: Monday, May 7 all day at Harry's Ale House in the Harrison Crossing Shopping Center; get the Charity Steak Dinner for \$7.95 and SDD gets \$2.00. \$400 was raised last year from this event. Thanks to Harry's Ale House.

Jean Himmel is the FUMC representative to the Interfaith Community Council which sponsors School Dressing Days. If you have questions, you may call her at 540-368-9541 or email at jhimmel41@gmail.com.

MISSION KIDS



On March 28th, our **FUMC Kids With Purpose** was blessed with an opportunity to visit residents at Chancellor's Village, which is a senior and assisted living facility in Fredericksburg. About 20 kids visited five different residents. We brought flowers and got a chance to meet some wonderful FUMC members, some of whom aren't able to make it to church often. It was a great way to connect the generations!

This summer at VBS, we will again be partnering with **the Heartwood Center** to provide meals for children who rely on the free/reduced lunch program during the school year. We will be collecting various food items and packaging the lunches at a "Mission Tent" in the Marketplace. We will be sending out more information as the dates of VBS get closer.



Visit: <http://www.fredericksburgdistrict.org/ministries/heartwood> for more information!

Calling all Crafty Kids!! Do you like to create things or make gifts for others? Do you want to help raise money for St. Jude's Children's Research Hospital? Well, you make the items and sell them at our 2nd annual Kids Craft Show where all proceeds go to this charity. Children are invited to be vendors and sell their handmade crafts or baked goods on July 21, 2018. More information to come.

SUMMER MISSION YOUTH

We have three Youth mission trips planned for this summer. **Jeremiah Project** (6-8th grades); **Fred Camp** and **Carolina Cross Connection** (9th-12th grades).



We would like to highlight a different mission trip each month, starting with Carolina Cross Connection in May.

"Yes & Amen!" We laughed, cried, worshipped, and served. We pushed ourselves outside of our comfort zone, made new friends and drew closer to dear friends. Each of us gave up a week of the 'easy life' with our family, friends back home, and phones to go to the mountains of North Carolina and serve those who are less fortunate.

The theme of CCC 2017 was "Yes & Amen." During worship and quiet times we learned just what this theme was calling us to do. We were encouraged to step out of our comfort zones to say "Yes" to Jesus' call to serve others then actually go and serve. We humbled ourselves and set out to love others. Each day was different; we painted, did yard work, built decks, and even a record-breaking wheelchair ramp. None of this can even begin to explain the relationships we built with those we were serving. In most of the situations, the physical work we accomplished was far less than the relationships we built with the homeowners.

This trip and AMAZING experience almost didn't happen last year. We were getting closer and closer to our departure and were still in need of a chaperone. It looked like we may have to cancel until a member of our church stepped up and said "yes!" Terri Wiseman came to me and expressed her interest and willingness to serve alongside 9 high school girls and 2 other adults that she didn't know at all. I cannot speak for Terri but I think it's safe to say that the girls fell in love with Ms. Terri and found a friend and mentor that they will always treasure.

If you want to learn more about CCC and have interest in future trips, please come find a youth or an adult that has participated. It will change your life in so many positive ways.

MISSION ADULTS

CANDLEBURNING OFFERING

May will be Candleburning Month at FUMC with the kick-off on Sunday, May 6. By making a donation to the Candleburning offering, individuals will be supporting the many projects around the world that benefit women, children and youth through the United Methodist Women.



One half of mission funds are spent in the United States and the other half in many countries around the world. The US projects are mostly service centers, such as the Wesley Community Service Center in Portsmouth, VA. which support families in many ways. The projects in other countries involve leadership training, child and maternal health, anti-poverty programs and many others.

There will be special envelopes included in the May 6 bulletin for donations and designating of the gift in memory or in honor of a person or persons or groups. Checks should be made out to FUMW. Throughout the rest of May, envelopes will be available throughout the church. They may be placed in the UMW box in the copy/mail room. This congregation has always been generous in supporting this program and the members of the FUMW thank you for your support.



Backpacks for the Fredericksburg City Schools

UMM sponsored the first packing event for the Backpacks for Fredericksburg City Schools. This is a program started through the Stafford Food Security program run by Tim White. He can provide a back pack with a dinner for 4 people at a cost of around \$8. These are provided to schools to distribute as they find a need. The Men's group agreed to sponsor this program by sponsoring a packing event and helping to pay for the food used in the packing event.

The first packing event occurred after the 9:30 service and we put together 100 backpacks. The men's group would like to arrange for a donation of \$800 to Stafford Food Security. We would like to request donations from the congregation with the men's group making up the difference. Donations can be made directly to the Men's group or to the church with marking the donation for the Backpacks for Schools program.

MISSION CHURCH

Conference Flood Buckets - Every year the Virginia Conference requests relief kits put together and taken to Annual Conference so that they can be presented to UMCOR for use in aiding in Emergency Situations around the world. The Methodist Men have taken a lead in providing Flood Buckets (otherwise known as Cleaning buckets). Last year FUMC sent 12 buckets to conference that were each created by an individual or family. The cost of each was around \$55.

This year the Men's group would like to purchase all the supplies centrally and use the June 9 Meeting of the Men's group as a packing event. We think that we can do this for around \$37 a bucket if we do 40 buckets with an additional donation for shipping. By purchasing the supplies through the Men's group, we would be able to reduce the cost.

The Men's group will have a bucket available in the gathering space between services for making donations to help support this effort. In addition, we would like to invite all men to our June Breakfast meeting **on June 9th** at 8 A.M. to assist in the packing event.



Our FUMC United Methodist Women have initiated a campaign to enable our church to deliver UMCOR kits, as well as monetary contributions, to the VA Annual Conference in June. We need the willing support and prayerful cooperation of all our members to accomplish this task. Recent disasters, such as tornados and flooding in our own state of Virginia, have shown just how important these kits are in times of crisis.

Take a minute to check out the kits that are currently most needed – **health and school kits and cleaning buckets**. Information on need kit descriptions can be readily found at <http://www.UMCOR.org/UMCOR/Relief-Supplies> or are available at the church (welcome desks and bulletin boards).

Assembled kits may be delivered to Mission Control (deadline **June 10**) or a check to purchase a kit, made out to FUMW, may be placed in the UMW Mail Room box. Sample kits and cleaning bucket contents are now on display in the glass cases in the Extended Narthex and Gathering Space. Questions? Please contact Barbara Williams at bwilliams711@verizon.net or 899.3767.

Thank you for your support of UMCOR!

What's Happening



Schedule for the Sunday Coffee Hour for May

Sunday, May 6, 2018 - FUMC Pre-School

Sunday, May 13, 2018 - Wayfarers class

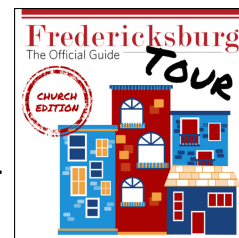
Sunday, May 20, 2018 - Christian Life class

Sunday, May 27, 2018 - open, no one scheduled at this time

Please note that Sunday, May 27th is open, should your group or if you know someone who would be interested to serve coffee hour on that date, please contact Bob LaChance.



Historic Fredericksburg Foundation, Inc. is holding its first Church Edition tour on May 12 from 1:00 –3:30. FUMC will be one of the churches on the tour.



Visit <http://hffi.org/events> for information and tickets.

WEDNESDAY NIGHT FAMILY DINNER MENUS

May 2—Chicken Divan, Rice, Baked Fruit, Salad Bar, and Dessert

May 9—Hamburgers and Hot Dogs, Potato Salad, Cole Slaw, Baked Beans, Fruit and Dessert

Time: 5:00-6:30 pm in Kobler Hall

Cost: \$7.00 for adults, \$3.00 for children 3-12, under 3 is free—Families \$ 25.00

Tickets are sold at the door for take-out meals.

Reservations are due by noon on Monday of each week. You may sign up on the bulletin board outside the church workroom, visit www.fumcva.org/Wednesday-night-dinner, email Carol Knott at carolknott@fumcva.org, or call the church office (540) 373-9021, x 105 to make, change or cancel a reservation.





During the month of May, **the preschool will be putting the finishing touches on another wonderful year!** As



part of our study of metamorphosis, we have caterpillars in many of our classrooms, and our preschool students have been observing them form a chrysalis and emerge as beautiful butterflies! We are looking forward to releasing our butterflies on

the playground one day soon!

Our Bible story in May is the story of **Jesus calming the storm**. Our students will meet Pastor Larry and Pastor Robb in the sanctuary to hear the Bible story, and they will learn that if Jesus can calm the storm with just one word, He can also calm the storms of life. As always, our preschoolers will bring non-perishable food items to chapel to give as an offering, and these items will be donated to the church food pantry.

We also have **field trips** planned in May! Our 2s will be learning about restaurants and make their own pizzas at Malawi's Pizza. Our 3s will explore the grocery store and make their own snacks at a local Weis Market, and our 4s will enjoy a morning by the lakeshore at Motts Run Reservoir! At Mott's Run, students will hike, play a variety of games by the water, and explore the Nature Center.

Our end of the year activities will take place during the week of May 21. Our 3s will celebrate with a performance on Tuesday, May 22 at 9:30, followed by the annual family picnic. Our 4s will have their picnic on Wednesday, May 23. Their year will culminate in a graduation program on Thursday, May 24 at 6:30pm in the church sanctuary.

But wait...there's more! Once our preschool year ends in May, the fun continues with **two weeks of summer camps for our preschool students!** Camp topics include healthy eating, science experiments, outdoor camping, exploring great artists, and the literature of Dr. Seuss!

Thank you all for your continued support of our award-winning preschool! We would like to recognize the wonderful senior volunteers we had this year: Don Swanlund and Don and Mary Grace Becker! They have devoted many hours to our young students, and we appreciate their time and dedication!



Run Club is off to a successful start! Our first meetup was on April 11th, which had 31 kids and 13 adult volunteers. It was a great time filled with energy and happy spirits, training for the Great Train Race held on May 6th. We'd love to have lots of cheer support on the day of the

race! Please come out to our cheer corner on Charlotte/Caroline Streets between 8 a.m. and noon and make some joyful noise for our FUMC kids!

In addition to our training runs, we are learning about Paul and his missionary travels and highlighting our Bible verse found in Philippians. In life, we always need to stay focused on God and remember that He can help us persevere through tough times.

Daniel in the Lion's Den: Our next Sunday School Rotation begins on May 13th and focuses on Daniel's story. We are still in need of volunteers to teach and shepherd that rotation. All materials and supplies are provided! Contact Jillian Murray at jillianmurray@fumcva.org if you are able to help in some way.

Vacation Bible School is right around the corner! Every year, 200 kids descend upon FUMC and have a fun-filled week experiencing what it would have been like during Bible times. During the week of June 25 - 29, we are traveling back in time to BABYLON!



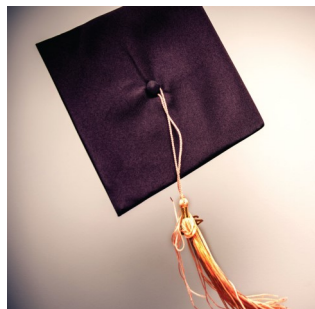
We play games, sing praise songs, make authentic crafts and hear from different figures in the Bible tell their exciting tales of God's amazing love. It takes a HUGE group effort to make VBS possible. We are in need of many adult and youth volunteers to help lead and assist in the daily activities. Please prayerfully consider how you can help. We also will be needing food/supply donations, so if you cannot volunteer during the week of VBS you may be able to still help in a big way! Contact Jillian Murray or check the church website at: www.fumcva.org/ministries/children for more information.



A HUGE THANK YOU TO THE WAYFARERS SUNDAY SCHOOL CLASS AND UNITED METHODIST MEN! THEIR GENEROUS DONATIONS WERE ABLE TO SEND FIVE LUCKY SCHOLARSHIP RECIPIENTS TO CAMP WESTVIEW ON THE JAMES THIS SUMMER!

YOUTH

Attention Graduates!



We want to celebrate with you! Fill out the green Graduation form found around the church or on the website (www.fumcva.org/ministries/youth). Please submit your form by May

20, for inclusion in the Graduate recognition bulletin insert.

2018 Foundation Scholarship Awards for High School Seniors

The Fredericksburg United Methodist Foundation will award two \$1,000 scholarships to FUMC members who are graduating from high school this spring. Scholarship applications and the qualification requirements can be obtained from Amy Dotto or from the Administrative Office. Applications must be submitted by May 20 to the Office Manager, Carol Knott.



May 6	Great Train Race (no Sunday School—come cheer, if you aren't running!)
May 19	Micah Breakfast (Confirmation class)
May– June	Heartwood Center collection and assembly (see back page for details)
June 3	End of Year Youth Celebration
June 10	Graduation Sunday



For almost 150 years we have been in mission with women, children, and youth in the USA and around the world. We strive to promote spiritual growth, a strong, supportive fellowship, social action, and involvement in the worldwide ministries of our church. For more information, contact Janine Kutty at 540-898-0256 or janinekutty@yahoo.com.

May 1	2:00 p.m.	Wesleyan Circle, Room 202 Program: An Attitude of Gratitude Leader: Mary Pasternak
May 3	10:00 a.m.	Gladys Cocke Circle, Downstairs Fellowship Hall Program: Reflections on the Psalms Leader: Joanna Reynolds Covered-dish salad luncheon
May 10	7:00 p.m.	Mary Ellen Stephenson Circle, Parlor Program: Living a Life of Balance, Chpt 9
May 17	7:00 p.m.	WEB (Women Enriched by Books) Book Club, Room 20, Book: Pushout: The Criminalization of Black Girls in School, by Monique W. Morris
May 19	12:00 p.m.	ACTS Circle Hands-on Mission Project
May 24	7:00 p.m.	UMW Mission Team Dinner Out



The FUMC United Methodist Men hold their monthly Breakfast meetings on the second Saturday of each month.

The UMM will be leading the charge to deliver 40 Flood Buckets for UMCOR at Conference this June. The UMM will purchase all the contents for the buckets and will assemble the buckets during our June meeting. The UMM will be holding a fund drive during the Coffee Hour in the Gathering Space to raise funds to pay for the buckets and their contents. The Men's group will have a bucket available in the gathering space between services for making donations to help support this effort. In addition, we would like to invite all men to our June Breakfast meeting on June 9th at 8 A.M. to assist in the packing event.

The FUMC-UMM has joined with Tim White of Stafford Food Security and three other churches to provide food backpacks for families of students at Walker Grant and Lafayette Schools in Fredericksburg,. The UMM will be raising funds to keep this important mission going for the under-privileged families of school children in our community.

See MISSION CHURCH section on Page 6 for more information on these two important efforts.

Better Health

The vision of the Better Health Task Force is to create a caring community of vitality, health, and wholeness. As spiritual beings, our physical health affects our spiritual health and vice versa. Paul has termed our bodies as temples of the living God. We are therefore stewards, custodians, and managers of God's property; ourselves, our bodies, minds and spirits.

Contact Mary McGhee Pasternak at betterheath@fumcva.org for information or to become involved.

After completing the Building Inner Resilience workshop on May 2, Better Health will continue with various health topics and seminars following the Wednesday night dinners. Watch for specific health topics in the News Blast. Better Health will also spotlight member-sponsored workshops.

BIO: Since 2011, Megan Booth, DPT, has been helping patients in the Fredericksburg area recover from injuries, impairments, and orthopedic surgeries. She graduated with from Christopher Newport University in 2008 with a Bachelor of Arts in Biology and pursued her Doctorate of Physical Therapy at Shenandoah University, graduating in 2011. She has since worked at Fredericksburg Orthopedic Associates and is currently the Director of Physical Therapy at the Fall Hill location. She is married to her husband Jason, a local minister, and they spend their time raising their two children, Preston and Eden.

Presentation Description: May 16 at 6:30

Let's get moving! Hips – Knees - Feet – Shoes Oh MY!!

Are you ready to start our WALKING PROGRAM?? YES!!!! Take a moment to learn about common injuries and impairments of the hip, knee, and ankle and how you can address or prevent them. We will also discuss proper shoe gear that will allow you to achieve a comfortable walking experience.

Average Attendance - April

Saturday 5:00 PM—	24
Sunday 8:30 AM—	139
Sunday 9:45 AM—	193
<u>Sunday 11:00 AM—</u>	<u>200</u>
Total	556

CHURCH-WIDE NEWS

OWN A PIECE OF FUMC HISTORY

The Parsonage has been vacated and awaits our new ministerial family. They have asked that all furniture be removed to make room for their furnishings. The Heritage Committee has been tasked with selling the 17 pieces of furniture currently in the Parsonage.

A sale will be held for church members only in the Parsonage, 403 Hanover Street, on Saturday, May 19 from 9 a.m. to 2 p.m. prior to a public sale, if needed. If all items sell before 2 p.m., the sale will be closed. Cash and checks will be accepted for payment; no credit cards. Items in the sale range from small chairs and tables to a large buffet/sideboard. Some items are antiques; most are collectibles. For a preview of the items and the prices, go to the church website www.fumcva.org/parsonage.

For questions about the sale, contact a member of the Heritage Committee which includes Bob LaChance, 540-735-5175; Lynn Gambell, 540-898-2373; and Margaret Mock, 540-220-8521.

MISSION CONTROL NEEDS

MICAH NEEDS: As we move to spring, our guests are looking toward more opportunities for work. We are in need of men's jeans, size 32 through 42. They can be gently used or new. While cleaning out your closets, we also have need for t-shirts (men and women), lightweight hoodies, sweaters and sweatpants.

FOOD PANTRY: Monetary donations may be made, please indicate "Food Pantry" on your check.

Lions Club: glasses, cases, hearing aids.

ADULTS

The **Christianity and Current Events Round Table**, designed to help members relate our faith to daily living, selects a current topic in the news and seeks to answer: "What is 'the', or sometimes 'a' Christian resolution to this issue? Church Parlor on Sundays at 9:45 AM.

The **Adventurers Class** - Room 201 on Sundays at 9:45 AM.

The Faith and Fellowship Class The Faith and Fellowship Class is currently conducting a Bible Study of the books Ezra, Nehemiah and Esther. Visitors are always welcome in room 202 at 9:45 am each Sunday.

Christian Life Class Is finishing up the Final Words study by Adam Hamilton. Stop by anytime in Room 210 at 9:45 AM.

The **Wayfarers Sunday School Class** will study Paul's letter to the Philippians. Fellowship Hall on Sundays at 9:45 AM.

The **Girlfriends Sunday School Class** This class is a supportive group of women of any age who come together each Sunday, September through May, to share about our lives, pray for each other, and study. We meet periodically during the summer months and also do service work together. We alternate between inspirational material and biblical studies. We welcome honest thoughts and questions and welcome visitors to our group. The class meets Sundays at 9:45 a.m. in room 208. For more information contact Rona Costello, [540-373-1296](tel:540-373-1296).

The **Wesley Forum Sunday School** the book "Revival – Faith as Wesley Lived It" by Adam Hamilton. Room 209 on Sundays at 9:45 AM.

The **Contemporaries Sunday School Group** Room 210 on Sundays at 11:00 AM.

SMALL GROUPS

Monday Morning Bible Study

The Monday Morning Bible Study group will meet on May 7 and May 21 from 10:00 a.m. - 11:30 a.m. in Room 210. We will begin our study of Magnificent Grace: Savoring the Greatness of God by Margaret Feinberg (ISBN: 978-1-4185-4931-2). On May 7 we will discuss the forward, introduction, and Chapter 1, "Sufficient Grace." On May 21 we will discuss Chapter 2, "Abundant Grace." Everyone is welcome. Each session is self-contained. For more information, contact Charlotte Edge at 540-371-1967 or candhedge@msn.com.

WORKSHOPS

Dahlias 101: May 2nd or May 9th from 6:30 – 7:45 catch the spirit of Dahlia growing! Come learn from two novices how to grow the world's most beautiful flowers. Find joy in the first tuber planted, to the last flower cutting. Join Mike Cotter aka: Dahlia Dude and the Dahlia Queen as they share their passion for Dahlias. Step-by-step recommendations provided. Everyone receives their own Dahlia tubers upon graduation. Make sure to indicate your interest on the form and hit submit!! www.fumcva.org/calendar.

Instant Pot 101: May 15. Join Barbara Simpson as she shares her expertise with this multipurpose kitchen device. The class will include recipes, tips for weekly food prepping, freezer meals and much more! Class participants will sample delectable, nutritious foods some prepared before your eyes! Sign up to reserve your spot today! Did someone mention pressure cooker cheesecake? www.fumcva.org/calendar

MERRYMAKERS

MerryMakers have cancelled the trips for May and June. Stay tuned for future announcements of trips in the Fall.



Upcoming Connect Events

Next 5th Sunday Connect: July 29

Our calendar has four **5th Sundays** this year. On each of these Sundays, our church has a 5th Sunday Connect event in the Fellowship Hall. April 29th was the first 5th Sunday. The Wayfarers provided the delicious food. The Serve ministry set up a delightful game which everyone seemed to enjoy. The Merry Makers and the Stephen Ministry programs had tables set up with information about their programs. The Stephen Ministry program is currently preparing to offer Stephen Ministry training in the fall and is recruiting interested people. Please join us on July 29th when the Grow ministries will host the next 5th Sunday Connect.



Face to Face (Emmaus for older adults)

- Face to Face is an adaptation of The Walk to Emmaus that is specifically crafted to meet the needs and life-stages of older adults (60+).
- The first Face to Face Encounter session is scheduled for August 14th, 16th, 21st, and 23rd. It will be held at Fredericksburg UMC.

The Board of FredCamp would like to thank all of you who joined us for dinner on April 11th. Thanks to those who donated, FredCamp made \$1,300 to be used for this summer's workcamp. We estimate that the cost to work on 1 house is approximately \$1,000, so the donations you made will cover 1 house and part of a second house.



I would also like to highlight the hard work of some of our FredCamp Board and friends. Our director, Mindy Liebau, and her husband, Bob, donated the cost of the chicken since they couldn't be with us. Chris Silkensen, our treasurer, arrived at 11AM and worked at set up, salad prep, serving, and cleaning until the evening was over. Bob Silkensen, one of our handymen, set up the drink station and coffee for the evening. Heather Hares, one of our board members and photographers, delivered the chicken and helped serve and clean up. Kathleen Counsell, also a board member, helped serve and clean up. Jimmy Mills, a board member and our tool man, and his wife, Holly, helped with serving and clean up. Our head handyman, Phil Montgomery, helped serve the dinner.

FredCamp also has a lot of friends who are always willing to serve. Mona Lamb spent 6 hours preparing the salads and helping cook. Thanks to John Mann also for helping prepare the salads, cooking, and generally doing what Kittie Mann tells him to! Bill Botts, one of our handymen, and his wife, Sue Botts, Bob and Maxine Moore, Ben and Leslie Raterman, and Brian Lamb also helped with a variety of tasks. Brian Lamb led the singing of the meal blessing, aided by Henry Counsell, Katie Dawson, and Kelsey Wilson, all former FredCampers. God has greatly blessed FredCamp.

We ask one more thing of each of you. Please pray for us – all the youth coming to work, all the adults who volunteer, all the residents we will serve, and the churches who support us.

COMMITTEE NEWS

Foundation News

The Board of the Fredericksburg United Methodist Foundation has made \$46,911 in annual disbursements for 2018 to assist in the missions of FUMC. Appropriations were made from the following funds:

Hargan Music--\$2,266.

Grace M. Biscoe--\$6,335 for general support.

Mission--\$1,667.

Open Capital--\$26,950 for maintenance.

Scholarship--\$2,000 for two \$1,000 scholarships to FUMC members graduating from high school this spring.

Elnora O. Johnson--\$7,693 used for community dinners.

The Foundation has received a \$10,000 gift to be added to the Larry and Amy Lenow Fund, the proceeds of which are used to support seminary students.

The Foundation was established by FUMC to provide an entity for the investment of funds donated to the Church. Investments are made through the services of the Virginia United Methodist Foundation.

The Foundation provides the opportunity for members to establish their FUMC legacy by donating a minimum of \$20,000 for a new named fund, donating to an existing fund, or purchasing a gift annuity.

Gift annuities provide an income for the life of the donor, the amount depending of the age of the donor at the time of purchase. The Foundation has benefited by at least three gift annuities and currently owns another. Purchases can be made through the Virginia United Methodist Foundation. More information can be obtained by contact Jerry Miller, 540 372-6714.

The Virginia Conference Historical Society

Invites you to join us for
*"Religious Liberty In the
Historical Advance of Virginia Methodism"*
The 2018 Annual Meeting
Southeastern Jurisdiction Historical Society
United Methodist Church
In
Williamsburg, Virginia
July 17 – 20, 2018
At the
Williamsburg United Methodist Church

The theme ""Religious Liberty In the Historical Advance of Virginia Methodism" will emphasize the Colonial Era, the Old Brunswick Church, the Chesapeake and other regions. There will also be a celebration of the particular emphasis on the Central Jurisdiction and the Evangelical United Brethren. Special speakers will address each of these aspects of our Wesleyan Heritage in Virginia. The four-day event will include tours of Colonial Williamsburg and the Jamestown Settlement with historical interpreters along the way. There will be special music – including a concert performance the evening of the Uniting Conference celebration banquets and plenty of fellowship with folks from throughout the Southeastern Jurisdiction.

Lodging: One block of rooms has been reserved at the Fairfield Inn, conveniently located near Williamsburg UMC, for the SEJ Historical Society members. In order to get the special group rate, when registering mention that you are with the "SEJ Historical Society". The rooms are being held for the SEJ until June 17 2018.

FAIRFIELD INN, 1402 Richmond Road
Williamsburg, VA 23185

www.fairfieldinnsuiteswilliamsburg.com

757-645-3600 or 888-236-242

85.00 registration fee includes tours and evening meals; accommodation costs not included. Online registration begins in January. <https://vaumc.org/historicalsociety>



PRAYER REQUESTS

CHRISTIAN SYMPATHY TO: Beckie Resio and family on the passing of her husband, Ed. Shirley Goodman and family on the passing of her granddaughter. Carth Hunt and family on the passing of his sister, Patricia Evans.

HEALTH CONCERNS—GENERAL

Drug and alcohol addicted individuals, those with mental illnesses, all who are ill physically and mentally; those struggling with dementia; all who battle cancer

HEALTH CONCERNS—INDIVIDUAL NAMES

Margaret Mock's brother- recently diagnosed with Stage 4 cancer	Neil Sigmon	Margaret (health)	John Tate- medical issues
Don Nungesser- Fredericksburg Rehab	Sherry Andrews	Ruth Ernst's daughter who fell and broke shoulder in California	Lisa Foeman Boatwright
Joyce Piper	Brandon Murphy	Will	Vicky and John Borrer
Virginia Gough- 93 year old with fractured hip	Caroline Wagaman- broken arms	Erin	Alberta Hickman
	Scott (health)	Rick	Stephanie Dixon-for recovery after a fall

LIFE EVENTS & GENERAL PRAYERS

The Rogers Family	Seminarians graduating and preparing for their new roles in churches	Brendan (health, safety and well-being, guidance)	For the family of Kyle as they grieve his death.
Nick M.	Friends and family of Anna Reyes who died this week (friend of Denise Gates)	Rebecca and Mike (health and guidance)	Logan- Kyle's girlfriend who loves and misses him dearly.
For teachers and students in King George to finish strong- that all are confident and able to "show what they know" and that they will see God in us every day.	Family of Jack Cook who passed away at age 82 (friend of Mike and Roxie Joyce)	Ben and Family	Family of Jamie Willoughby who passed on from cancer
Tonya Nelson- housing and healing		For our new pastors	Doug Tuner- transition to assisted living
College students finishing finals and graduating and travelling		Lily Mae as she moves through last few weeks of high school toward graduation.	Dixon Family- son with leukemia
			Wisemans as they travel to Egypt

MINISTRIES OF THE CHURCH:

Katherine Counsell and the 2018 Confirmation Class	Connect, Grow, Serve and Seek Teams
FUMC's Missions – may they grow in 2018	Sunday Schools and other Small Groups at FUMC
Saturday Heartsong Service	FUMC Visitation Ministry
FUMC Congregational Care Ministries	For the church and nation

PRAISE

Carrie Szlyk's graduation at JMU on 5/3/18 with a Masters Degree.	Catherine Walls has completed the requirements to become a cadet with the corps of cadets at Virginia Tech	and will be heading to officer candidate school at Quantico.	To see Season singing with the Praise Team
Tim is feeling better.		For an amazing Emmaus Walk	Matt and Steph Pugh had Colin on April 18th

LONG-TERM CONCERNS

Rylee Maslock	Helen Boswell	Shannon Berry – pancreatic cancer	Mary Katherine Resio
Ruth McGhee	Dan Himmel	Cindy Wilson – broken neck	Tricia
Glenna Lee	Pete Zarembo	Jeff Temples	Tabitha Van Doren
Holley Ryan	Gladys Faust	Julie Tubbs	Bobby Hill–spina bifida (GA) (Lydia O'Neil's grandson)
Brian Alexander	Helene Patterson (Poet's Walk – aunt of Amy Zurasky)	Alma Bradley	Michelle Cooper
Mark Hoover	Amy Young and Family	Doug Green	Luella Everitt (Diane Isenberg's mother)
Rebecca Knerr	Connie – terminal cancer	Jim Mann	
Joan Buchan	Wayne Hedge – cancer in lung	Wayne Jackson & Patti	
Vy Bass			

NATION & MILITARY/PUBLIC SERVANTS

Healing divided nation	Riley Nefferendorf	Sgt J Seaux	SSgt Ted Steber, USMC
Nation and Leaders	Pvt Winter Ewer	William Rowe, USN	Airman Adam DeWitte, USAF
All Military and Law Enforcement	Tyler Reece	Kyle Shiner	Walt Kuck, USS Lassen, USN
First Responders	Sgt John Phin	Drew Wilson	

11:00 Greeters want you!

One of the first contact points for visitors to our church on any given Sunday morning are the greeters. We are looking to increase the number of servants in our 11:00 greeter team. **Would you like to be one of the welcoming faces our visitors encounter?** You can be by going to the Connect ministries page where it says, "Sign Up to Connect" and fill out the short information section. Just click the "Greeters for Worship" button. We will then be in touch with you to discuss how you would like to serve as a greeter. The scheduling is flexible to meet your available time and desire to serve in this ministry.

If you prefer to contact me directly, you may do so at: Tim Gates, 11:00 Greeter Coordinator at tiz-stang08@gmail.com or phone / text to (423) 838-1022. Thank you and look forward to hearing from you!

Also, if you like to coordinate, **we need an 11:00 Acolyte Coordinator**. Contact Don Becker (Beckerdl@aol.com) or Henry McCaslin (henrymccaslin@yahoo.com) if you are interested.

The **Furniture Bank Saturday and the Community Dinner** both occur on the 2nd Saturday each month.

Each is a great opportunity to SERVE others in our community.

If you are interested in helping with either of these ministries, visit the website at www.fumcva.org/serve-his-people to volunteer.

HIGH SCHOOL SCHOLARSHIPS AVAILABLE

The A. Purnell Bailey Pre-ministerial Program is accepting applications from high school seniors who are exploring a call to Christian ministry and interested in attending Randolph-Macon College in Ashland, VA. Learn more at <http://www.rmc.edu/academics/pre-ministerial> or by contacting the Rev. Kendra Grimes, Director of the Bailey Scholars Program, at kendragrimes@rmc.edu or (804)752-7374.

CAR DONATIONS

Catholic Charities of the Diocese of Arlington gratefully thanks Fredericksburg United Methodist Church members Robert and Patricia Vaughan, for recently donating a car to *Cars for Families* program to help a local family in need. To donate or for program information, please contact cars@ccda.net.

While there are many options nowadays for donating vehicles, the CCDA *Cars for Families* program is unique in that it provides working vehicles directly to area families in need, making an immediate difference in the lives of the less fortunate. Catholic Charities also accepts non-operational cars or other vehicles, which are sold to help fund our many initiatives.

For some of our less fortunate brothers and sisters, reliable transportation can make a huge difference in their daily lives. Through the generosity of parishioners and friends, both within and outside of our Diocese, *Cars for Families* was able to give out 56 cars last year. For this, we - and the vehicle recipients - are truly grateful. However, as the commercial says, the giving season may be over but the need continues.

Thinking of getting a new car? Please consider donating your old car to Catholic Charities of the Diocese of Arlington. CCDA accepts working vehicles and give them directly to families in desperate need of transportation. We also accept non-operational vehicles to fund our volunteer programs. We handle all the paperwork; you receive an IRS donation receipt. To donate, email Cars@ccda.net or call (703) 841-3898.

Tips from our Fredericksburg Tree Steward (Libby Wasem):

- Never bury the root flare, the part above the roots that joins the trunk. The tree needs the flare to take in oxygen and nutrients.
- Never place mulch up against the tree. Keep mulch three inches away from the trunk.
- Mulch under the tree about three feet out and no more than 2 inches deep.
- Suggestions for type of mulch? Mini-pine nuggets or Virginia fine mulch because they hold the water in, but allow rain to penetrate the soil.
- It is better not to plant grass or plants beneath the tree. They compete for oxygen and nutrients your tree roots need to be healthy.
- Water and enjoy your tree.

CONTACTS

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Heartwood Center Food Pounding!



Youth at FUMC are on a mission...a local mission to collect food that will help feed local students during the summer months. Our goal is to collect enough food to package 1004 lunch bags this summer.

How can you help? We are setting up a "Summer Food Pounding" much like our Thanksgiving Food Pounding. Each week we will highlight an item to collect, at the end of the collection dates we ask that you bring all items to church to share/pray over. Our students/families/church friends will gather to assemble the lunches to be distributed throughout the summer months to children in low income families.



- May
- 6: Juice Boxes (any flavor)/ Capri Sun or Kool-Aid Pouches (any flavor pouches)
 - 13: Breakfast Item (individual cereal packs or oatmeal packs)
 - 20: Lunch Item (Instant Mac & Cheese -individual package, tuna salad kits, Ramen Noodles)
 - 27: Snack Item (Individual serving size fruit cups, individual