



O P E N D O O R

A FREDERICKSBURG UNITED METHODIST CHURCH MAGAZINE



Saturdays
5:00 PM

Sundays
8:30 AM
9:45 AM
11:00 AM

SUNDAY SCHOOL

Children & Youth

Off for the Summer

Adults

9:45 AM
11:00 AM

CHURCH OFFICE

Monday - Friday
9:00 AM - 4:00 PM

540-373-9021

www.fumcva.org

Look for us on Facebook

WELCOME

Making the Church Vision – Our Vision

Seek others in our community, **Serve** their needs
Grow the love of Christ, **Connect** with each other

“Now faith is the assurance of things hoped for, the conviction of things not seen. Indeed, by faith our ancestors received approval. By faith we understand that the worlds were prepared by the word of God, so that what is seen was made from things that are not visible.” (Hebrews 11:1-3, NRSV)

As a mom, I have gone through many cycles of getting kids ready for another school year. This past week, as our preschool began the year with parent orientation day, I was taken back to being a new, adoptive mom reluctantly taking my girls to hand over to the care of someone else. It was a wonderful, Christian preschool we had selected for them, and I had done all the right mom things in researching all the area schools, with visits and priority lists. Once we made the selection of school, I packed all the necessary supplies into new little backpacks for their journey of that first school year. They had new shoes, snuggly hand-made nap blankets, sturdy new lunch boxes and all the other provisions, e.g., pencils, crayons, washable markers, notebooks. Bert and I did our best to prepare them for that first school experience, including all the little “teachable moments” of counsel to Kayana and Danielle about how the year would be (we did this for Trae, too, but he was entering 3rd grade that year, so at least he knew about school).



What I learned from that experience was that the work in preparation was the easy part. In those early days of leaving them, the hard part was letting go of little hands and walking away. I had done what I could, and then I had to trust that God was at work in their lives, the lives of the teaching staff and the environment where they were each day. Honestly, as I prepare for starting new schools again this coming week, I feel a bit the same. The new shoes are bigger now and the backpacks require more, but there is still a trust of God at work, when I let go. There is a Jewish proverb that says: “God could not be everywhere, and therefore he made mothers.” However, as a mother, I have learned that I truly have to “let go and let God” even when it is hard. So many other things in life require this as well, which are steps in faith and trust of God.

TRUST—Continued on Page 2



SEEK is always looking for new and creative ways to reach out to those who have not been a part of the many opportunities that FUMC holds.

If you are someone who would like to be involved in outreach activities that SEEK has planned in the coming months, stay tuned to this section of the Newsletter for details. Most projects require just a few hours of your time and it's a great way to meet some folks you might not know yet.

NEW MEMBERS WELCOME CORNER

Check out this section of the monthly Newsletter to learn a little about our new members. We would like to feature several new members who have joined in the past few months.

New members- Please contact Denise Gates at dgparishnurse@hotmail.com with any photos or information you would like to share with us.

Cub Scout Pack 170

Come see what Cub Scouting at Fredericksburg UMC is all about! Pack 170 delivers an awesome scouting program that provides excellent character-building activities that encourage boys in 1st grade (or age 7) through 5th grade.

Stop by to see us at the FUMC Ministry Celebration in

Kobler Hall next week on September 9th!

Leaders will be available with Pack 170

information. We hope to see you there!

Contact: Marci Dishman,

marciadishman@me.com



LIVING GENEROUSLY ...keep reading

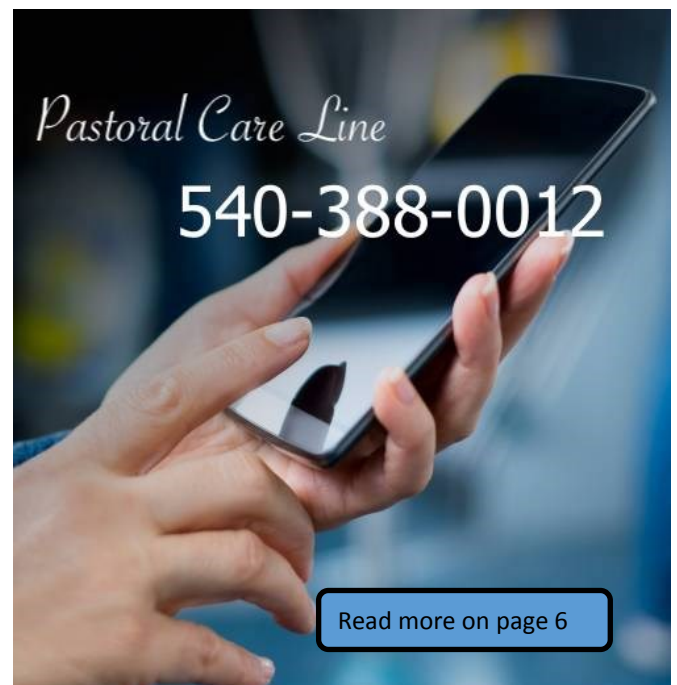
- TRUST, from page 1

Whether you are with me in the rhythms of parenthood and school year or not, the author of Hebrews reminds us in the text above that so much of what we know of God lies in our trust of God in faith that resides in what is not seen with our eyes. I trust God as Creator, but I did not witness the origination of our planet. I trust God sent Jesus as my Savior, but I was not there to stand at the crucifixion or resurrection. I trust God also working in our schools and the lives of my children long after it is appropriate for me to hover over their every moment.

This section of Hebrews 11 goes on to yield a litany of those who lived "by faith" in trust of an amazing God watching over their journeys, guiding steps and blessing lives. As we move now into fall, school, college, back from vacations or whatever, let us trust that God is at work. In the mystery of grace, where our hands let go, God's mighty hand picks up.

Pastor Josh and I are so looking forward to the fall season and our ministry together with you. May we all be guided by a strong faith in a God who holds our hands and leads us in eternal victory through Jesus Christ. We look forward to seeing you in church!

Grace and peace,
Pastor Gina



Read more on page 6



Upcoming Sermon Series

September 9th

and

September 16th

As United Methodists, our membership vows specifically ask us for faithfulness in five areas: our **prayers**, our **presence**, our **gifts**, our **service** and our **witness**. In the wisdom of our church tradition, our commitment to prayer is first after we have professed our faith and embraced Christ's church. This foundation of our commitment to God and God's church in our prayer life is given first-standing among our ways of living our faith in Jesus Christ.

With this in mind, our pastors will lead us in a short series on prayer the weeks of September 9 and 16 to help us re-focus, or perhaps put more intentionally, re-time our hearts toward our commitments to church and neighbor in our prayers. A recommended prayer resource as a companion to this series is *Listen: Praying in a Noisy World* by Rueben P. Job from Abingdon Press.

This exciting fall "kick-off" series is entitled "*Our Hearts, Beating in Time with God's.*" Drawing from Matthew's Gospel, we will hear a call toward a mentality that is a Christ-kingdom focus, verses a personal-kingdom mentality. How do you live out your vow to pray? We will talk about this together in worship as we move into our fall season at church together! Let's time our hearts to the right rhythm as we ready ourselves for all that fall brings. Join us for this foundationally important conversation.

MUSIC Notes

CHOIR KICK OFF PARTY SEPTEMBER 12

Students and Parents! The choir year is about to begin! Come and join us for food, fun, and a **private viewing** of our CHRISTMAS MUSICAL!! We have special plans in the works this year with our students and the Christmas season. You won't want to miss out!

Auditions for the musical will be held on September 26th, and all your audition information will be available on Sep 12 as your student leaves that night. Choir times this year are as follows:

Children 5:45-6:30

Middle School 6:30-7:30

High School 7:30-8:30

I am excited to teach and worship with your students this year!! Please feel free to email me with any questions: jenniferleja@fumcva.org SEE YOU SEPTEMBER 12!

CONTEMPORARY WORSHIP TEAM

Our Contemporary Worship Team is looking for new members! If you have any skill in sound, computers, graphic design, lighting, videography, or photography, let's get you connected! We are also looking for talented musicians to join us on stage! Contact Jennifer Leja for more information.

Please email: jenniferleja@fumcva.org

Hey kids! Coming Soon!



STRAIGHT

OUTTA

BETHLEHEM

Rehearsals begin
September 12th

Children's Choir: 5:45
Middle School Choir: 6:30
High School Choir: 7:30

A Christmas Musical

Auditions on September 26

For more info, contact Jennifer Leja at: jenniferleja@fumcva.org

SERVE

*Do you have a **heart** for Service?*

There are countless ways to serve our church, children, families and our community for you and your family. Join us at our SERVE meeting!

2nd Tuesday of each month - 7:00 p.m.



The **Furniture Bank** and the **Community Dinner** are coming up on September 8th!

Let's **SERVE** our community

If you are interested in helping with either of these ministries, visit the website at www.fumcva.org/serve-his-people to volunteer.



COMMUNITY DINNER



Blessing of the backpacks



August 26th!

SPOTLIGHT



School Dressing Days 2018

The Interfaith Community Council (ICC), of which our church is a member along with more than 20 other faith communities, sponsors School Dressing Days every August. This event in some form has been held for over 40 years in Fredericksburg to assist students who need help getting ready to start the new school year. We serve students in Fredericksburg, Stafford, Spotsylvania, King George and Caroline Counties, from Kindergarten through 12th grade and also children accepted into Head Start. **Each student receives a backpack, basic school supplies, toiletries, new socks and underwear, jeans and a shirt. Gently used outerwear and shoes may also be available.** FUMC members support School Dressing Days through their financial gifts, donations of clothing and other items, and by volunteering their time through the year preparing for the event and by serving at School Dressing Days itself.

This years event served 1,241 children just a few weeks ago!

Our contact is Jean Himmel, 540-368-9541.



Church offices and Food Pantry will be closed

MISSION KIDS

Is there a ministry or non-profit that is on your heart to serve? Let us know!

The Children's Ministry program is always actively seeking ways for kids to help and serve others. Contact Jillian Murray at jillianmurray@fumcva.org with mission opportunities for the 2018/19 year.

Thank you for all of the school supply donations! These items help to ensure our success.



Looking for a Mom Tribe?

See page 12 for Mothers of Preschoolers and Moms Next Groups starting soon!

Important safety reminders!

Children under the age of 12 are never to be unattended at church. This includes walking to and from Sunday School and opening Chapel time. Parents dropping children off at Sunday School or a Wednesday night program must wait until two adults are present before leaving.

We will now be requiring parents/approved guardians to sign out their children at pick-up. All approved guardians (which includes siblings over the age of 12) must be named and listed on the child's registration form - no exceptions. Thank you for your cooperation in helping keep our kids safe!



MISSION YOUTH

A Big THANK YOU!!

To all who donated, collected, packed, shared and prayed over the Heartwood Center Lunches. Thanks to your help we were able to pack 950 lunches this summer!!!!



God is GOOD all the Time. Not only did we have enough meals to hand out each week, there were some left over to hand out for the final



week. VBS kids, Adult Sunday School Classes, Church Families, you are amazing. Thank you for supporting our youth in their local summer mission.



The 11:00 Worship Service needs a few more acolytes to participate in the worship service. If you have a son or daughter who would be interested in serving, please contact Don Becker 540-371-2155 or beckerdl@aol.com.

What a great way for children and youth to participate as part of the worship team!

...coming soon

LIVING
GENEROUSLY

MISSION ADULTS

LETS GET BUSY

We serve our community, our children, our families and within our church. Please consider just some of the ways below where we can use a hand.

Congregational Care. There are many ways of caring through visitation, calls, home communion service, Stephen Ministers, hospitality, and prayer shawls for our church members and our home-bound members.

Worship services require volunteers to help as ushers, communion servers, scripture readers, communion preparers, technology/sound volunteers and greeters.

Food Pantry which provides nourishing food and encouragement to over 4,500 people annually. Generous donations and staffing from our members and other sources make this endeavor possible.

Teach our children. We are always in need of adult teachers or helpers for our children's Sunday school classes and Wednesday night programs.

Church Bazaar. We meet every other year to create items to sell at a bazaar in November of that year. We welcome all interested crafters and seamstresses to our workshops—come get your craft on!

Bus and Van Drivers The church "has left the building" as we shuttle our members and community members around in the name of Jesus.

Church Office. We serve our church in administration to keep things running smoothly. Volunteers can serve on committees, in communications, reception, or in the finance area.

Technology. Those who have an affinity for technology serve as sound board operators, run worship presentations and help with computers, networks and databases.

Contact us at serve@fumcva.org or call (540) 373-9021, ext 105. We would love to use your energy and talents in your house.

MISSION CHURCH

Mission Control

Micah needs for September: men's and women's ankle length **white socks**, men's underwear size M/L/XL, women's hygiene (tampons), and always a need for water in the summer. Items can be dropped off at the Hospitality Center at 1013 Princess Anne Street between 10 and 2, Monday through Friday or left in Mission Control at church.



LOOKING FOR THE HANDS AND FEET OF CHRIST

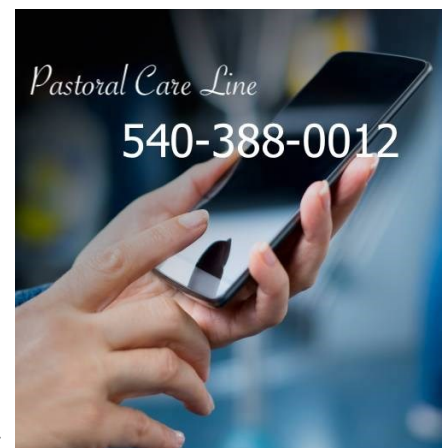
We host many groups and events at the church. Help is needed to set up and take down the tables and chairs for these events. Both weekday and weekend teams are needed. Please contact Kurt Nordstrom at kurt nordstrom@fumcva.org if you are able to assist

Sick? Going to Hospital?

If you are hospitalized, planning surgery, or have become ill, please contact the church office at 540-373-9021.

If you have an urgent situation, please call or text our pastoral care line at **540-388-0012** or call the church office number and respond to option #3.

If you are going to the hospital, please let us know the date, time, and hospital where you will be receiving care. Due to HIPAA regulations, the hospital or chaplain providing care will not automatically inform the church of your hospitalization. Thank you!



What's Happening?

WEDNESDAY NIGHT

FELLOWSHIP DINNERS

TO START SEPTEMBER 12, 2018

Believe it or not fall is right around the corner and we will be starting the Wednesday Night Fellowship Dinners again. We kick off the dinners on September 12, 2018. Even though food prices are rising, plans are presently to start out with the same costs as before. That is: \$7:00 for adults, \$3.00 for children 3-12 years of age, under 3 years of age free, and \$25.00 for families. Since there were many no-shows (up to 1/3) at the end of last year of those who had signed up for "Standing", that option is not being offered at this time.

Since the church groups that hosted dinners were such a success, we will again be offering Wednesday nights as an opportunity for any and all church groups to raise money for their special program. This gives the groups an opportunity to raise funds, our church fellowship to learn of the many groups that are active in the church, and an opportunity to give the dedicated team that prepares these meals an opportunity to have a week off.

Finally, the dinner team has not dramatically changed over the years these meals have been served. As we all know, each year there is a Birthday celebration that adds another number to our ages. Hence, we would love to have new and energetic additions to our team. We need people to set-up, prep the food, assemble the meal, serve the meal, and clean up after. It can be hectic at times, but since the same people have returned over the years, it is also fun working together.

If you wish to host a meal or volunteer to help, please contact Don Becker by phone: 540-371-2155 or email: beckerdl@aol.com.



Golfers, Hackers and Wanna B's

The Campus Christian Community (CCC) provides opportunities for students to grow as leaders, citizens of the world, and people of faith through worship, study, fellowship, and service. The discoveries made, insights gained, and relationships formed at the CCC will last a lifetime. Your investment in our students and program helps to make all of this happen! Thank you for your support of our mission. – Rev. Shannon Waite

The annual CCC Golf tournament is only a month away. Pull together a foursome, or help support this terrific ministry at the University of Mary Washington on **Monday October 1, 2018**.

Registration starts at 10am and Shotgun start at 11am at Fredericksburg Country Club. Banquet to follow the golf! To register or make a donation visit www.campuschristiancommunity.com



A new school year begins on September 4, as we welcome 138 preschool students to FUMC Preschool! We have been busy this summer, preparing for our new friends and their families.

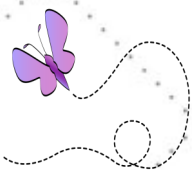
The preschool commons area and two classrooms have been completely repainted, and touch-up painting was done in a number of our other classrooms. Floors have been re-waxed, carpets have been deep cleaned, and chairs have been power washed. We replaced all of the older paper towel dispensers and soap dispensers with new automatic dispensers to make it easier for our students to access the soap and towels. The classrooms are beautifully decorated, and excitement is in the air!

September will be a busy month downstairs! On Sunday, September 9, the Preschool staff will host Sunday morning coffee hour! Stop by to meet a few of our staff members and see a slideshow of all the fun we have in



preschool! Later in the month, we will have individual and class pictures taken, and we are looking forward to our first Chapel services with our new pastors. Pastor Gina and Pastor Josh will be teaching our preschool students about Creation, and we will continue our tradition of bringing non-perishable food items to give as an offering during Chapel. These food items are then donated to the church food pantry after Chapel each month.

We are also looking forward to welcoming back our **Senior Volunteers**, Don and Mary Grace Becker and Don Swanlund! If you are interested in volunteering in the Preschool, please contact Becky Patrick at preschool@fumcva.org.



If you'd like to **share your profession** with us one morning, we would love to hear from you!

Children's Sunday School begins on September 9th at 9:45! We are beginning our new curriculum called "DIG IN - Digging Into Discipleship." These new lessons are exciting, engaging and fun! Preschool-1st grade meets on the Preschool level, and 2nd-5th grades meet on the 2nd level. If you'd like to be a part of this new program, plan on being at FUMC on September 9th for Kickoff Sunday and stay at 11:00 for our **Popcorn Pop-in Party** held in the Fellowship Hall! We will have lots of information about upcoming events, volunteer opportunities, games and more! We are currently in need of teachers and assistants to help in each class for the 2018/19 Sunday School year. Please prayerfully consider how you'd like to be a part of the Children's Ministry Program. Contact Jillian Murray at jillianmurray@fumcva.org for more information.

Children's Sabbath will be held on October 28th. The theme this year is "Live Your Purpose." How does God use our gifts and talents to become true disciples in the world, and what are His plans for us? This is a wonderful opportunity to highlight the children and promote kids ministry within FUMC. All children will have an opportunity to get involved in Children's Sabbath Sunday! Kids are needed to write prayers, read scripture, deliver sermons (5th graders), acolyte, serve communion, and more! Children's Sabbath proves to be a very meaningful and memorable Sunday at FUMC. *"Many are the plans in a person's heart, but the Lord's purpose that prevails."* Proverbs 19:21

Angel Choir resumes on September 19th at 5:45. This choir is open to little ones aged two through five. We will be singing our hearts out for the Lord and preparing a song for Children's Sabbath.

Summer fun!

Camp Westview on the James provided several FUMC families a chance for adventure, fun, and a chance to grow in their faith this summer. This outdoor and Christian ministry provides kids a safe and sacred place to be themselves and experience God, while making lifelong friends and memories. We look forward to many more years of Westview stories and pictures!



YOUTH

Ministry Expo! Come check out our table and see what's up or what's coming up! We will have paperwork, sign ups, and possibly a hint at our theme for 2018-19!

Sunday School Starts on Sunday, September 9th during 9:45 Service

We are currently looking to find **adults to assist teachers** in both 7-8th Grade Class as well as the High School Class. If you are looking to serve/give back in a new and rewarding way, why not come hang out with some great Youth at FUMC?! Can't commit to the school year? How about 4 weeks? It's a great way to find out what our youth are up to while learning more about God's will. Please Contact Amy @ amydotto@fumcva.org Or call 540-373-9021 (Office) 775-303-6106 (cell)

High School Meets downstairs in the Youth Room
7-8th Grade Meets in room TBD
6th Grade Meets in room TBD

Sunday, Sept. 16th



Come learn about our plans for the new year, reunite with your friends and meet new friends, and start making plans for next summer! Be sure to sign up to receive emails for Youth Events. We look forward to seeing you and your family at our youth kickoff 2018-19!

Picnic/Potluck from 5-7:30 (Family Friendly, younger siblings welcome)

- Middle School Students/Families: please bring a Dessert to share
- High School Students/Families: please bring a side dish to share

We will also be having an open Mic/time to share about Summer Missions. If you have a Summer Mission Shirt, please feel free to wear it!



For more information contact Janine Kuty at 540-898-0256 or janinekuty@yahoo.com. Here is our September schedule:

September 4 , 2:00 p.m., Wesleyan Circle, Room 202, Program: Thankfulness Under Duress, Leader: Janet Lahr Lewis

September 12, 6:30 p.m. , ACTS Circle , Parlor, Bible Study: Patience in God's Timing

September 13, 10:00 a.m., Gladys Cocke Circle, Downstairs Fellowship Hall, Program: Reading Program, Leader: Sharon Bradshaw. Bag lunch to follow program

September 13, 7:00 p.m., Mary Ellen Stephenson Circle , Parlor, Program: *Living a Life of Balance* Bible Study

September 14-15, Conference UMW Young Women's Event, Camp Overlook, Keezletown (Financial assistance available)

September 22 ,9:30 a.m. District UMW Annual Meeting, Colonial Beach UMC



The FUMC United Methodist Men hold their **monthly Breakfast meetings** on the second Saturday of each month. The September meeting will be held on September 8 at 8:30 in the Fellowship Hall.

Virginia Conference UMM 40th Annual Spiritual Advance

Featuring Bishop James Swanson, Mississippi Conference UMC, and Gregory Koukl, Author and Apologist.

Workshops: Wesleyan Small Groups, Apprenticeship, Young Adult Ministry, Tactics, Encouraging Disciples, Lead like Jesus, and Wesleyan Building Brothers. Group rates at Virginia Beach Resort Hotel & Conference Center, (757) 481-9000. Early Bird specials (\$80), discounts for spouses (\$40), and Clergy (\$50).

Come and bring your family! Begins Friday, October 26th at 6:00 p.m., and ends Saturday at 9:00 p.m. Go to vaumc.org/umm to register.

ADULTS

The **Christianity and Current Events Round Table**, designed to help members relate our faith to daily living, selects a current topic in the news and seeks to answer: "What is 'the', or sometimes 'a' Christian resolution to this issue? Church Parlor on Sundays at 9:45 AM.

The **Adventurers Class** meets in Room 201 on Sundays at 9:45 AM.

The **Faith and Fellowship** Sunday School class meets every Sunday at 9:45 a.m. in room 202. We use a variety of books which stimulate discussion, and leadership is shared by class members. We also participate in church-wide Lenten and Advent studies. Our class serves breakfast to the Micah community once a month in the FUMC lower kitchen. We keep in touch with active members and several alumni through our weekly prayer list via e-mail. Visitors are welcome any time. Contact is Jean Himmel, 540-368-9541, jhimmel41@gmail.com

Christian Life Class Is studying David right now and we will also be starting the church's Living Generously. We also SERVE Micah breakfasts quarterly. Stop by anytime in Room 210 at 9:45 AM.

The **Wayfarers Sunday School Class** is studying the "Adult Bible Studies" series (Spring 2018 edition) entitled "Acknowledging God" in the downstairs Fellowship Hall on Sundays at 9:45 AM.

The **Girlfriends Sunday School Class** This class is a supportive group of women of any age who come together each Sunday, *September through May*, to share about our lives, pray for each other, and study. We meet periodically during the summer months and also do service work together. We alternate between inspirational material and biblical studies. We welcome honest thoughts and questions and welcome visitors to our group. The class meets Sundays at 9:45 a.m. in room 208. For more information contact Rona Costello, 540-373-1296.

The **Wesley Forum Sunday School** class meets in Room 209 on Sundays at 9:45 AM.

The **Contemporaries Sunday School Group** meets in Room 210 on Sundays at 11:00 AM.

SMALL GROUPS

Monday Morning Bible Study

The Monday Morning Bible Study group will meet on September 17 from 10:00 a.m.-11:30 a.m. in Room 210. We will continue our study of *Magnificent Grace* (ISBN 978-1-4185-4931-2. Available from Amazon or through the Lifeway store in Central Park). We will discuss Chapter 4, "Saving Grace." All are welcome. Each session is self-contained. For more information contact Carol Kutty at 540-898-0256 or janinekutty@yahoo.com.

Note: On October 1 we will discuss Chapter 5, "Grace Remembered."

DISCOVERING GOD'S VISION FOR YOUR LIFE



Each session combines lecture, discussion and practical application. You will find clues to your gifts through an inventory and discovery activities.

Join us as we explore and discover how God has uniquely gifted YOU!

Have you ever asked yourself these questions:

- Who am I?
- Why am I here?
- What does God want me to do with my life?

Oct. 3rd – Nov. 7th 6:30-8:30pm

SIGN UP ON OUR WEBSITE OR CALL BARBARA SIMPSON @ 540-226-1793

Merry Makers

Join the Merry Makers for a Tour of Lewis Ginter Botanical Gardens and lunch at The Virginian.

Tuesday, October 9th , 8:30 AM

**LEWIS
GINTER
BOTANICAL
GARDEN**

The church Bus & Van will depart at 8:30 AM

Cost for tour & lunch: \$30.00 [cash or check to FUMC-memo Merry Makers];
Deadline for registration: Sept. 25.

Please contact Jayne Manger (540)848-3462 for further info.
Send payment to Jayne Manger, 12100 Chancellors Village Lane, Apt-4317, Fredericksburg, Va 22407



Pastors Gina & Josh to Preach Heartsong at 5pm on Saturdays with Addition of New Music Team Beginning on September 22nd

Our Saturday 5pm Heartsong Service has been wonderfully led by our Heartsong worship team this summer. Beginning with our Living Generously Worship Series on September 22nd, Pastors Gina and Josh will be preaching the same material as our Sunday services on Saturday evenings at 5pm.

The service will be planned in a contemporary/contemplative format with the addition of Chelesa Morse as our worship team leader for the service this fall joined in musical team by Kenny Smith, Pastor Josh and others. Our hope is that Heartsong can be a "growth corridor" for our church this fall for those that have Sunday busy schedules or who are coming to downtown for dinner and/or activities on Saturday evening. Join us in sharing the news about Heartsong for this fall.

Average Attendance - August

Saturday 5:00 PM—	24
Sunday 8:30 AM—	131
Sunday 9:45 AM—	189
<u>Sunday 11:00 AM—</u>	<u>157</u>
Total	501

CHURCH-WIDE NEWS



**September 9th is a special Sunday at
Fredericksburg UMC.**

It is our yearly Ministry Expo, but this year we are calling it our Ministry Celebration. There are so many ministries at our church. Want to reach out to the community by serving? Want to start a new ministry? Do you feel God calling you to ministry but not sure what God is calling you for? Want to grow your spiritual life by doing Bible study? What is Alpha or FUMC 101 or Micah Ministries? What does the Altar Guild do, or how do you join a Sunday School class, or do you have to have a trained singing voice to join the choir? Aren't sure what your Spiritual Gifts are?

Come to Kobler Hall from 9AM to 12:30AM on Sunday, September 9th and see firsthand what is going on at FUMC.

Get some coffee, indulge in some donuts, chat with ministry leaders, and wander through the tables to find your place in our church ministries.

Come celebrate with us!

If you are a ministry leader and want to showcase your ministry, please contact Kitti Mann at kittimann5@gmail.com or 540-891-1671 to reserve a table.

**LIVING
GENEROUSLY**

Starts September 23rd....



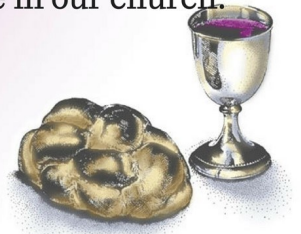
STEPHEN MINISTRY

Stephen Ministry is **happy to announce that a new class of Stephen Ministers will begin in September. It is not too late to become a part of this ministry. Contact David Bertauski at bertsenior@yahoo.com for information.**

Communion represents God's greatest expression of love for us and it's a reminder that He provides all we need.

Serving communion is a wonderful way to connect with God and those in our church.

If you are interested in serving, please contact:
8:30: Adam Sutton @ hoosvshokies95@aol.com
9:45: Cyndi DeWitte @ mrsdewitte@yahoo.com
11:00: Hank McCaslin @ henrymccaslin@yahoo.com



FIND YOUR FIRE

Mops /Moms Next Meetings at night start October 10th!

Looking for a Mom Tribe? Need a few hours with your hands free and heart full? Fredericksburg MOPs & Moms Next is open to moms with infants, preschoolers, and school age children! Meetings begin again in October right here at church on Friday mornings, or join our Collectives group Wednesday nights. Visit www.FredericksburgMOPs.com or find us on Facebook. We are also looking for

childcare workers as well - if you have a heart for caring for young children, please contact Kelly Sienkowski, or email FMopsSteering@gmail.com to see how you can serve!" We are the perfect group for the mom searching for connections, friends and answers to those hard questions! And just because you work full time, doesn't mean you can't be involved!! For more information on joining, email us at fmopssteering@gmail.com or call/text Allison Xanthopoulos at 703 929 4274.

FACE TO FACE ENCOUNTER

In August, we hosted the first Face to Face Encounter in the Fredericksburg area. Face to Face is a Walk to Emmaus kind of experience for people over the age of 60 that takes place over 4 days. We had 24 "pilgrims" who attended the 4 days and 29 team members that led the Encounter. Combined, the team and pilgrims came from 22 different churches from as far away as the Northern Neck and Lynchburg. The average age of our pilgrims was 76. One man who was 89 had a 1 and ½ hour drive one way to come to the Encounter. He said it was the best 3 hours he ever spent to be there. Twenty years ago, he wife had walked, and he was thrilled to be able to come to Face to Face himself. Since Face to Face is for both men and women, we had several couples attend the Encounter. One man had been wanting to take the Walk to Emmaus for several years but couldn't leave his wife alone for 3 days. Both he and his wife came to Face to Face.

Some of our pilgrims were widows and widowers and seemed to enjoy the conversation at the tables and having a meal with others. One woman remarked that it was the best sandwich she had had in a long time; though, I bet it was mostly the people and the conversation that were the best.

After just 2 days of the Encounter, the daughter of one of the pilgrims contacted us and said she wanted to sign up for the Walk to Emmaus in November. Perhaps her mother's response to Face to Face was what helped the daughter realize she wanted to participate too.

The most amazing part of the Encounter was God's presence with us, surrounding us, leading us, and speaking to us throughout the 4 days. The lives of 24 pilgrims were touched by our Encounter with Christ. Thank you church for hosting Face to Face Encounter #1.

Coffee Hour

Thank you to ALL of our dedicated volunteers that make the weekly Sunday Coffee Hour possible! Your kind heart in volunteering your time to serve in the coffee hour ministry and provide each Sunday morning fellowship is warmly appreciated!

Church Family, in order to continue providing the Sunday coffee hour, WE NEED volunteers to host. Please prayerfully consider giving your time to host a Sunday! Families and groups are welcome to participate in this ministry. Training is provided. Contact Marci Dishman, marciadishman@me.com.

September Coffee Hour Schedule:

September 2 - Wayfarers

September 16 - Christian Life

September 30 - 5th Sunday No Coffee Hour

September 9 - FUMC Preschool

September 23 - Volunteers Needed!

SAVE THE DATE for Upcoming Educational Workshops

Related to 2019 General Conference of the UMC
The United Methodist Church will engage in a called General Conference in February 2019 to address the work from "The Commission on the Way Forward" which was tasked by United Methodist bishops to provide recommendations to potential changes in our Discipline regarding issues of human sexuality.

To help us better understand the upcoming General Conference, Rev. Dr. Mochel Morris, who recently affiliated with our church as a retired United Methodist elder and active adjunct faculty member at Wesley Theological Seminary, will lead us in an educational workshop to address the proposed recommendations and process for the coming General Conference.

Rev. Dr. Morris is trained in group facilitation and peace-making strategies. We look forward to this time with her.

Our Workshop dates are:

- November 1st from 7:00-9:30pm and
- November 18, 2:00-4:30pm in our fellowship hall.

Commission on a Way Forward, General Conference 2019 Q&A Event

The 90-minute event will be held on Wednesday, September 26 at 7 p.m. at Reveille UMC, 4200 Cary Street Rd, Richmond, VA.

If you have questions about the UMC Commission on a Way Forward, the Commission's reports going before General Conference (GC) 2019 - then save the date for "A Way Forward: a Q&A event with Bishop Sharma D. Lewis, the Rev. Tom Berlin and Ms. Martha Stokes." They will share their thoughts as well as moderate questions on these topics.

Plan on going to Hillcrest UMC in town to see the event or watch from your computer where the event will be livestreamed and archived at <https://livestream.com/VAUMC/COWFQA>.



The 50th Anniversary of The United Methodist Church

The United Methodist Church was officially formed on April 23, 1968, with the unification of the Methodist Church and the Evangelical United Brethren Church, along with the dissolution of the Central Jurisdiction, a segregated group of African-American congregations.

The Cross and Flame logo was adopted shortly after the merger. It relates The United Methodist Church to God through Christ (cross) and the Holy Spirit (flame). The flame is a reminder of Pentecost when witnesses were unified by the power of the Holy Spirit and saw "tongues, as of fire" (Acts 2:3).

The two separate flames represent The Evangelical United Brethren Church and The Methodist Church coming together to form The United Methodist Church.



To learn more about the union of the Evangelical United Brethren Church and the Methodist Church, visit the glass case in Kobler Hall and the case in the Extended Narthex. The displays have been provided by the Heritage Committee. For more information, contact Margaret Mock at church.archives@fumcva.org.

Ladies Book Club

First Tuesday of each month beginning in

October

9:15-10:30 a.m.

Room 209

Ladies who love to read, laugh and talk!

* Nursery available if needed *

October selection: "Girl, Wash Your Face" by Rachel Hollis





PRAYER REQUESTS

CHRISTIAN SYMPATHY TO: Brenda and Glenn Goodpasture on the death of her uncle; Betty Drew on the death of her husband, Terry; Amy and Larry Lenow on the death of her father, John Voorhis; and Ed and Jillian Levis on the death of her mother, Joyce Piper.

HEALTH CONCERNS-GENERAL: Drug and alcohol addicted individuals, those with mental illnesses, all who are ill physically and mentally; those struggling with dementia and all who battle cancer.

HEALTH CONCERNS—INDIVIDUAL NAMES

Patti Allen	Caleb	Kevin Lewis	Liz and Rick Ross
Sherrie Andrews	Ellen Coppel	Woody Lewis	Scott
Dave Armstrong	Mae Donahoe	Betty Light	Diane Sigmon
Aunt Gail	Charlie Earnesty	Marion Lugo	Rudolph and Rosalie Siron
Mary Bergazzi	Virginia Gough	Margaret	Suzanne
Sherry Revins	Harvey	Joyce Morris	Cayden Taylor
Bill	August Kay Hedges	Tonya Nelson	Gayle Thomas
Brendan	Gavin Hyde	Paul	Dale Weber
Jamie Brewster	Camile Joyce	Barbara Rackley	Linda Wiseman
Renee Brown	Glenna Lee	Rebecca and Mike and Family	Chuck Zilhaver

LIFE EVENTS & GENERAL PRAYERS

Magdalena Lovejoy	Micah Furniture Bank clients	John Hutchins family	Adam
Sherrie Johnsons son and daughter	Families in Mayan villages in Guatemala	Palestinian people	Clarisse and Caleb
Senator John McCain's family	Those returning to school	John Meeks	Ben and family
Kaitlyn and Sean Magek	Josh's death	Safety for family and friends in Venezuela, and Caribbean islands affected by Venezuela earthquake	UMW Campus
Ben and family	Marc C. and his mother	Li Cross	Magdalena Lovejoy
Camile and Ariel	Ben and family		Sherrie Johnson's and daughter at college
Lee Turner mourning husband			

MINISTRIES OF THE CHURCH:

Fall Kick Off events	Church and Nation
Fall Generosity/Stewardship Campaign	Connect, Grow, Serve, Seek Teams
Face to Face #1	Sunday School and other Small Groups at FUMC
Mary Pasternak's ministry	Saturday Heartsong Service
Church to welcome/support immigrants	Connect, Grow, Serve and Seek Teams
Our new pastors as they transition into ministry here	FUMC's missions—may they grow in 2018

PRAISE

Family birthday gatherings/safe travels	Participation in Face to Face #1	Church for its missions	New school year
Safe arrive of baby Lucy Belcher			

LONG-TERM CONCERNS

Brian Alexander	Gladys Faust	Rebecca Knerr	Holley Ryan
Vy Bass	Doug Green	Bob LaChance	Tina Sheffield
Shannon Berry – pancreatic cancer	Wayne Hedge – cancer in lung	Jim Mann	Jeff Temples
Lisa Foeman Boatwright	Alberta Hickman	Rylee Maslock	Tricia
Helen Boswell	Bobby Hill–spina bifida (GA)	Caleb Merendino	Julie Tubbs
Alma Bradley	Dan Himmel	Ruth McGhee	Tabitha Van Doren
Joan Buchan	Mark and Alice Hoover	Carol Pancake	(Lydia O'Neil's grandson)
Connie – terminal cancer	Wayne Jackson and Patti	Helene Patterson (Poet's Walk – aunt of Amy Zurasky)	Cindy Wilson – broken neck
Michelle Cooper	Shirley and Janet Kessler	Mary Katherine Resio	Amy Young and Family
Luella Everitt (Diane Isenberg's mom)	(Carol Knott's parents)		Pete Zaremba

NATION & MILITARY/PUBLIC SERVANTS

Healing divided nation	Airman Adam DeWitte, USAF	Sgt John Phin	Kyle Shiner
Nation and Leaders	Riley Nefferendorf	William Rowe—Navy	2nd Lt Ted Steber, USMC
All Military and Law Enforcement	Pvt Winter Ewer	Sgt J Seaux	Drew Wilson—Afghanistan
First Responders	Walt Kuck, USS Lassen, USN		



If you have musical or technical gifts and are interested in joining our contemporary worship or AV team, please contact Jennifer Leja at jenniferleja@fumcva.org



ROOM SCHEDULING

As the new school year begins, we also begin a new facility scheduling year. **If you have recurring events or new things on the planning schedule, please submit a new facility request.**

You can either go online to www.fumcva.org/schedule-an-event or get a hard copy request from the mail room or Charlotte Street entrance desk. Questions? Contact Kurt Nordstrom at kurt nordstrom@fumcva.org.

Be in prayer for the Rev. Amy Lenow, Deacon and family on the death of her father. The Rev. Amy Lenow's father, John Voorhis, claimed the promise of resurrection on August 13. Amy's mother, Janet Voorhis, passed away this past April.

Stretch, Strength & Calm

YOGA



Mornings this fall

Contact Libby Wasem at (540) 735-5555 lwasem749@verizon.net for information. The Morning Yoga classes are for all levels. All are welcome. The benefits of Yoga are increased strength, flexibility, and a calmer mind. The intent is to provide an experience of wellness for our congregation. Child care is provided on Tuesdays with a weeks scheduling in advance with Jillian Murray. The class will meet Tuesdays and Thursdays from 9:30-11 AM starting October 2 into May. We follow the Pre-School calendar.



October 26—see page 7

Job opportunities at Micah

Work with neighbors in need every day, and get paid to do it! The following job opportunities are now available at Micah Ministries.

Health Services Navigator

The Health Services Navigator is a full-time salaried position at Micah's Respite house, which is an eight-bed group home for homeless individuals who are recovering from a recent hospital stay. Responsibilities include receiving referrals, providing follow-up care, and connecting guests to supports necessary to address their health challenges and stabilize their lives. Minimum Bachelor's Degree in a human service with at least two years working with a special needs population (I.e. homeless, mentally ill, substance use, etc.). Apply through Indeed at <http://bit.ly/HNavigator>.

Residential Aide

The Residential Aide is a part-time position at Micah's Respite house, which is an eight-bed group home for homeless individuals who are recovering from a recent hospital stay. Responsibilities include instructing guests in basic independent living skills, supporting activities of daily living, managing medication, documenting guest interactions, providing peer-to-peer communication, supportive and administrative tasks. Minimum high school diploma with experience working with a special needs population. Apply through Indeed at <http://bit.ly/residentialaide>.

Cold Weather Shelter Monitor

The Cold Weather Shelter Monitor is a seasonal position at Micah's winter shelter, which runs November through March in an effort to keep our homeless neighbors from freezing during the winter. Responsibilities include supporting volunteers in evening shelter set-up, assisting with check-in, monitoring the shelter overnight, developing a relationship with guests, supporting their immediate needs and advising daytime staff for follow up. Ideal candidate will have a familiarity with people experiencing homelessness, mental health and other forms of disability. Apply through Indeed at <http://bit.ly/CWSmonitor>.

Thank you!

Dear FUMC Family, I am overwhelmed by your loving care and support during and after my surprise hospital stay. Your prayers caused my heart to go back into normal rhythm - Praise God! Special thanks to Pastor Josh for his emergency room blessing and Pastor Gina for my blessing the next evening. You all exemplify the AWESOME love of God!! *Jayne Manger*

CONTACTS

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Our Generosity Team and Pastors are excited to invite you to our fall generosity campaign beginning on the week-end of September 22nd/23rd in all our worship services and participating adult Sunday school classes.

In this series, which will include video moments in our worship and Sunday

school times, you will see a family take risks, experience suffering, doubt and joy while we reflect upon biblical precepts of "giving God our best." Moreover, you will see what happens when the family chooses to embrace a generous life in the midst of uncertainty. Like them, you will be invited into a transformational process concluding with our church-wide pledging for 2019 church ministry support in worship Saturday/Sunday on October 20-21st.

- *Do you want to give God your first and best or your leftovers?*
- *How important is giving to your family?*
- *How does your faith have to grow for you to be able to be more generous?*
- *Are you investing your effort and treasure in the eternal or the temporary?*
- *How can you invest in the eternal?*

We will deal with these questions and more as we explore "Living Generously" this fall! If you are not in Sunday school, Pastors Gina & Josh will offer a Wednesday evening course on this topic beginning Wednesday, September 26th. There will also be an on-line learning opportunity for those that cannot connect via a class. More information will soon be released on how you can enroll in study and reflection on this topic. See you this fall as we grow in generosity together!

Newsletter Articles are due on the 15th of every month. Please submit articles to <http://fumcva.org/my-newsletter-article/> or via email newsletter@fumcva.org or place paper copy of articles in Carol Knott's mailbox.