

OPEN DOOR

A FREDERICKSBURG UNITED METHODIST CHURCH MAGAZINE



Saturdays 5:00 PM

Sundays 8:30 AM 9:45 AM 11:00 AM

SUNDAY SCHOOL

Children & Youth

Off for the Summer

Adults

9:45 AM

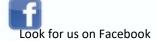
11:00 AM

CHURCH OFFICE

Monday - Friday 9:00 AM - 4:00 PM

540-373-9021

www.fumcva.org



WELCOME

Making the Church Vision – Our Vision Seek others in our community, Serve their needs Grow the love of Christ, Connect with each other

Dear Sisters and Brothers in Christ,

As I prepare for this season that begins with All Saints, where we reflect on the goodness left behind to us from those who have lived in faithfulness, and as I watched a future generation this past week in Children's Sabbath demonstrate their faithful values in Christ, I cannot help but look to the Church with a sense of celebration. I am reminded of when Peter realized and proclaimed Jesus as the Christ, Jesus said, in Matthew 16:18, "And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it."

Jesus knew where all generations would proclaim and find hope; in his Church. He knew that the disciples through the power of the Holy Spirit would be a part of unfolding an amazing Body of Christ that even with our imperfections still has the ability to shine like the stars. I have seen this recently at Fredericksburg UMC as you have taken up residence in my heart and blessed me with your faithfulness in serving Christ.

Therefore, as we ready for coming celebrations of All Saints, our Veterans, Christ the King Sunday and Thanksgiving, I would like to share a beloved poem from one of my favorite poets, Ann Weems, entitled, "I Celebrate the Church of Jesus Christ."

Please know that Pastor Josh and I find blessings and hope around every corner as we learn more about and celebrate the goodness of God here. Join with us always in prayers for our church that God will use us powerfully to make disciples of Jesus for the transformation of the world!

Grace and peace in Him,

Pastor Gina

I Celebrate the Church of Jesus Christ by Ann Weems

I celebrate the church of Jesus Christ, where two or three or thousands can gather together in the Lord's name and touch this world with the amazing good news that somebody cares, that God joins us in community so that someday this world will be loved to wholeness.

SEEK

SEEK is always looking for new and creative ways to reach out to those who have not been a part of the many opportunities that FUMC holds.



JOIN IN THE FUN!

As the Christmas season approaches, the 'elves" of the SEEK team have been dreaming BIG!

In an effort to be part of the downtown neighborhood

celebrations, we ask that you mark your calendars for these upcoming events/dates.

HURKAMP PARK TREE LIGHTING—SATURDAY NOVEMBER 24

Come join in the fun and help distribute candy canes as we share the joy of Christ's birth at this family event.

FREDERICKSBURG CHRISTMAS PARADE— SATURDAY DECEMBER 1

We are looking for cheerful carolers of all ages and helpers with a photo booth that will we a welcoming presence on the Methodist Green.

More details will follow in the weeks ahead—watch the News and Notes, as well as the weekly News Blast.



"IT STINKS TO WORK ON CHRISTMAS EVE" COOKIE OUTREACH

Last year, we delivered almost 30 trays of yummy cookies to folks in our neighborhoods who had to be at work on Christmas Eve. We will once again be sharing our sweet messages of love through another Cookie Outreach. Keep an eye on the News and Notes and weekly News Blast for many ways you can be involved again this year! Share in this incredible Christmas Eve tradition with your family and friends—you will be blessed with a special Christmas memory!

Continued from Page 1

I celebrate this community, where the people say Yes in the face of No, where they light candles in the darkest night, where healing and compassion leave no time for self-righteousness, and the life-sustaining love of Christ is evident in the life of the believers.

I celebrate this church, where we dare to stand up, where risk runs rampant, and you and I and all Christ's disciples are called upon to follow even when it costs us something, something precious like our friends, like our respectability, like our future with the company.

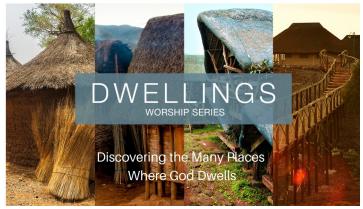
I celebrate the church, where we are called from halfheartedness to commitment: commitment to a God who call us to change, to change our direction, to be reborn to a way of life where others are significant.

I celebrate the church, where every child of God is hailed as unique and valuable, where arms are opened to the world's outcasts, where the tired, beaten, disillusioned world is invited in and surprised by the life-giving word that Christ accepts the children, all the children of the world.

I celebrate the injustices righted, the protests made on behalf of the battered. I celebrate the awareness and awakening to humanity's suffering, the pain alleviated, the scars erased.

I celebrate the mercy and forgiveness, the tears wiped away, the hands held, the gifts given, the children treasured and nurtured, the races won, the failures met. Let's celebrate the church of Jesus Christ where the wonderful wildness of God breaks through common clay pots and fills us with a holy spirit that overflows and we see rainbows, many-splendored colors, light in pitch darkness—and every day is a festival of faith!





Dwellings:

Discovering the Many

Places Where God Dwells

Upcoming Sermon Series

After our recent focus on living generously, the fall worship series begins with the grand, traditional celebration of All Saints Sunday, where we remember those gone on before us and celebrate God's work in our lives in the present. This

preparatory season before the coming of celebrations of Advent and Christmas is a wonderful time to reflect upon the goodness of God and our abundance given through God's kingdom. This month is also a time of great paradox because of the tension we can experience in embracing both death and life. It offers the great reminder that death gives way to life, for God is our beginning and end, where our dying gives way to victory through Jesus Christ.

Join us for this series where we look to a God who dwells in heaven, on earth, in our personal lives and in a kingdom of grace advancing in our midst.

Series topics and texts are as follows:

11/3 & 4 - All Saints & Veterans Celebration - "Our Hope: A Dwelling Pace in Heaven" - Revelation 21:1-6a

11/10&11 - "Our Victory: Dwelling with Christ on Earth" - Hebrews 9:11-14;24-28 - Veterans Day

11/17&18 – Thanksgiving Service & Found Pounding Blessing - "Our Confidence: Dwelling in Blessings" – Hebrews 10:11-25

11/24&25 – Christ the King Sunday – "Our Love: A Kingdom Dwelling Made for All" – Revelation 1:4b-8

MUSIC Notes

Choir times this year are as follows:

Children 5:45-6:30 Middle School 6:30-7:30 High School 7:30-8:30

Children and youth are welcome to join at any time!

Please feel free to email Jennifer Leja with any questions: jenniferleja@fumcva.org

CONTEMPORARY WORSHIP TEAM

Our Contemporary Worship Team is looking for new members! If you have any skill in sound, computers, graphic design, lighting, videography, or photography, let's get you connected! We are also looking for talented musicians to join us on stage!

Contact Jennifer Leja for more information. Please email: jenniferleja@fumcva.org

A New Focus for our Saturday 5pm Service

Our Saturday service has taken on a new format for fall, and we hope that you will invite friends to join it if their schedule fits or if they are just looking for a place to find peace. The service seeks to provide those coming to our downtown area a unique opportunity for connection with God. At the end of a busy week, this service offers reflection and peace with soul-engaging music and an openness to God's Spirit with music led by Pastor Josh, Chelsea Morse and Kenny Smith. The format is casual, contemplative and restful as a means of connecting with God in the solace of beloved community. Our pastors offer a short meditation on the weekly topic from our worship series, there are prayer offerings, and Holy Communion. Most services are 45 minutes in length. Everyone is welcome. Do you know someone who might enter church in a more informal, quiet or intimate setting? Invite them, and join us as something new is birthed from God's Spirt on Saturdays at 5.

SERVE

Do you have a heart for Service?

There are countless ways to serve our church, children, families and our community for you and your family. Join us at our SERVE meeting!

2nd Tuesday of each month - 7:00 p.m.





The Furniture Bank and the Community Dinner are coming up on November 10th!

Let's SERVE our community

If you are interested in helping with either of these ministries, visit the website at www.fumcva.org/serve-his-people to volunteer.



MICAH Cold Weather Shelter is scheduled to open November 15-March 15. This year the shelter will only be open when temperatures are 32 degrees or below. Decisions will be made each week as forecasts are made. Those interested in providing safe transportation to and from the shelter by being a chariot driver (bus/van). Contact Mike Cotter at 540-786-3658 or mycotter@comcast.net. The neighbors you help will be grateful for sharing your love.

SPOTLIGHT



The World War I Armistice

A century ago, the "war to end all wars" raged throughout Europe. On November 11, 1918, an armistice was signed and the four-year war was over. This year, we celebrate the 100th anniversary of the armistice with displays compiled by the Heritage

Committee. The displays include artifacts from the war, photographs of members of our church who served in WWI, and posters from the era honoring church members. These items are in a glass case in the Gathering Space and a glass case in the Extended Narthex. Questions or comments about the exhibits can be addressed to Margaret Mock.

Fair Trade Gifts Shopping for Christmas









The church office will be closed on Thanksgiving Day, November 21, and on Friday, November 22.

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MISSION KIDS

Is there a ministry or non-profit that is on your heart to serve? Let us know!

The Children's Ministry program is always actively seeking ways for kids to help and serve others. Contact Jillian Murray at <u>jillianmurray@fumcva.org</u> with mission opportunities for the 2018/19 year.

On November 17th from 9:00 a.m. - 4:00 p.m, FUMC will be joyfully ringing the bells for the Salvation Army's "Red Kettle Campaign." Take a stroll down Caroline Street and show your support for this amazing organization. You'll see several familiar faces (including lots of kids) in front of Goolrick's Pharmacy!

The 11:00 Worship Service needs a few more acolytes to participate in the worship service. If you have a son or daughter who would be interested in serving, please contact Don Becker 540-371-2155 or beckerdl@aol.com.



What a great way for children and youth to participate as part of the worship team!



MISSION YOUTH

Temps have dropped and it's getting cooler outside, but youth at FUMC are fired up about Summer Missions 2019! Our first Fundraiser is coming up



December 1^{st—} THE FREDERICKSBURG

CHRISTMAS PARADE!! Anyone can donate! We are looking for donations of:

Hot dogs/buns
Small bags of chips
Hot chocolate canisters
Apple cider (gallons)
Mini marshmallows
Baked Goods

Condiments for hot dogs

Popcorn Kernels

All funds raised from our Christmas Parade Concessions will benefit those attending summer missions 2019. To find out more about ways to support Summer Missions, please contact Amy @ amydotto@fumcva.org or 540-373-9021

Donations can be placed in mission control or in youth refrigerator downstairs in kitchen. Please mark any donations with your name and Christmas Parade.

Thank you in advance for supporting Youth summer missions.

MISSION ADULTS



LETS GET BUSY

We serve our community, our children, our families and within our church.
Please consider just some of the ways below where we can use a hand.

Congregational Care. There are many

ways of caring through visitation, calls, home communion service, Stephen Ministers, hospitality, and prayer shawls for our church members and our homebound members.

Worship services require volunteers to help as ushers, communion servers, scripture readers, communion preparers, technology/sound volunteers and greeters.

Food Pantry which provides nourishing food and encouragement to over 4,500 people annually. Generous donations and staffing from our members and other sources make this endeavor possible.

Teach our children. We are always in need of adult teachers or helpers for our children's Sunday school classes and Wednesday night programs.

Church Bazaar. We meet every other year to create items to sell at a bazaar in November of that year. We welcome all interested crafters and seamstresses to our workshops—come get your craft on!

Bus and Van Drivers The church "has left the building" as we shuttle our members and community members around in the name of Jesus.

Church Office. We serve our church in administration to keep things running smoothly. Volunteers can serve on committees, in communications, reception, or in the finance area.

Technology. Those who have an affinity for technology serve as sound board operators, run worship presentations and help with computers, networks and databases.

Contact us at serve@fumcva.org or call (540) 373-9021, ext 105. We would love to use your energy and talents in your house.

MISSION CHURCH

Micah needs for November: men's and women's ankle length **white socks**, men's underwear size M/L/XL, women's hygiene (tampons),



and always a need for water in the summer. Items can be dropped off at the Hospitality Center at 1013 Princess Anne Street between 10 and 2, Monday through Friday or left in Mission Control at church.

Oct 14 - Dressing Sunday, 1 large or 2 boxes bread crumb or stove-top stuffing

Oct 21 - Green Bean Sunday, 2 28 oz. cans of green beans

Oct 28 - Mashed Potato Sunday, 1 large family size box of instant mashed potatoes

Nov 4 - Cranberry Sunday, 2 cans of 16 oz. cranberry sauce or jelly

Nov. 11 - Cornbread Sunday, Two boxes of cornbread mix

Nov 18 - Macaroni and Cheese Sunday, 1 large or 2 boxes of mac & cheese.



Oct 13-Nov 18

November 18 is Food Pounding Sunday - Bring your collection bags to the alter for blessing!

**A special message from our church and \$15 Food Gift Card are also provided to families!

Hazel Hill (145) - given to families at a Thanksgiving meal on Tuesday, Nov 20

Heritage Park (209) following the 11:00 a.m. service on November 18.

* FOOD POUNDING SUNDAY – BAGS BROUGHT TO THE ALTAR FOR BLESSING!

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WEDNESDAY NIGHT FELLOWSHIP DINNERS

Reservations are needed to attend the Wednesday Fellowship Dinners. Food shopping is based on the number of reservations. Sign up on either of the two sign-up sheets (one in the Gathering Space and one on the bulletin board in the Extended Narthex). You can sign up electronically through the Church website till 9:00 am on the Tuesday before the dinner. This ensures we always have enough food to feed the hungry. Please use electronic means to

cancel a reservation that you cannot make. We look forward to seeing you again in the weeks ahead.

Dinner is served between 5:00 and 6:30 p.m. The cost is \$7.00 per adult, \$3.00 per child (3-12), and under 3 is free. There is a family maximum cost of \$25.00. Tickets are sold at the door for take-out meals.

If your church group would like to host a dinner as a fund raiser, contact Don Becker (our own 'Chef Don') (phone: 540-371-2155 or email: beckerdl@aol.com). He can help you with menu ideas and give estimates as to the number of people you will need to host the event. Last year, all of the group-hosted meals were well received, participants enjoyed the change and learned a bit about some of the ministries of the church, and the groups raised money to support their ministries. Also, the Wednesday Night Dinner team appreciated the time away from the kitchen. We look forward to hearing from you.

November Menus

November 7: Slow Smoked Pork, with all the "fixin's" hosted by the Boy Scout Troop 170

November 14: Turkey and Dressing, Sweet Potato Casserole, Cranberry Sauce, Baby Carrots with Onions,

Tossed Green Salad, Pies

November 21: No Dinner—Have a Happy Thanksgiving!

November 28: Shepherd's Pie, Mixed Salads, Fruit, Birthday Dessert



Coffee Hour Schedule

November

- 4 Volunteers Needed!!
- 11 Wayfarers
- 18 Christian Life
- 25 Volunteers Needed!!

December

- 2 Volunteers Needed!!
- 9 Wayfarers
- 16- Wesley Forum
- 23 Volunteers Needed!!

Contact Marci Dishman (marciadishman@me.com) if you would like to volunteer for a coffee hour (family or group).

We appreciate all of the volunteers and support to keep this ministry going!

Boy Scout Troop 170's

1st EVER

Slow Smoked Pork



Wednesday, November 7th 5:00pm – 6:30pm

FUMC's Kobler Hall

Dinner by donation. Funds to benefit troop operations (gear, awards, etc.).

Pork can also be pre-ordered - \$14.50/pound. Store some extra for all those Thanksgiving guests!

Please contact Ralph Lewis at ral.lewis@yahoo.com to place those orders!!!!

PRESCHOOL



CHILDREN

FUMC Preschool



In November, our FUMC Preschool students will be counting our blessings and thanking God for all He provides! We will also welcome the Fredericksburg Host Lions Club to our

preschool this month, as the Host Lions Club members conduct free vision screenings for our students. In the past, these screenings have been instrumental in detecting vision deficiencies in our preschoolers, and a number of students have been referred for further evaluation. This early detection of vision problems allows children to receive corrective lenses and immediately improve their motor skills, increasing their chances for success! We are appreciative of this important volunteer work provided by the Fredericksburg Host Lions Club.

We invite everyone to visit our Usborne Book Fair in the preschool kitchen area Wednesday, November 14 through Friday, November 16 from 9:00am- 12:00am each morning. Usborne Books offers exciting, engaging, and high quality educational books that children love to read. Choose from almost 2000 bright colorful and fun titles covering a wide variety of subjects, including the Christian stories of Christ's birth and resurrection. Books will be available for purchase on-site and for ordering, with delivery planned before Christmas. All purchases help FUMC Preschool earn free books for our classrooms, and we welcome your participation.

Other preschool activities in November include our annual Thanksgiving Feasts with our preschool families and staff, story time led by the "GROW A READER" librarian from the Central Rappahannock Regional Library, and chapel services with Pastor Gina and Pastor Josh. Our bible story this month is the story of Daniel in the Lion's Den, and our preschoolers are planning to bring food items to chapel to donate to the church food pantry. Our preschool community will also be participating in the church missions of Thanksgiving Food Pounding, collecting books for the Salvation Army Christmas Toy Shoppe, collecting supplies for the Micah Cold Weather Shelter, and supporting the Angel and Dove trees.

Jesus said to them, "Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these."

Mark 10:14

Quarter One of our new **Sunday School** curriculum: "Digging Into Discipleship" is proving to be fun and successful. We are working our way through the stories of the Old Testament in Genesis and Exodus, and learning about how God is loyal, powerful, creative and giving. Each weekly lesson incorporates different games, crafts or object activity to convey the message, in hopes of creating a deeper and lasting relationship with God. If you want to check it out, come volunteer in a class and see what it's all about!



Thanks to everyone who participated to make **Children's Sabbath** a success! We were so blessed to have so many children of FUMC leading the congregation in worship, and sharing their gifts with us.

Grade Level Studies begin on November 7th and will run for three weeks (off on November 21st). Kids ages K through 5th are invited to come



participate on Wednesday evenings from 6:30 - 7:30 p.m. and learn about various aspects of the Christian faith in fun, engaging ways. Baptism, the Lord's Prayer, Communion, Using your Bible, Stewardship, and the Apostle's Creed will be covered. For more information, please email Jillian Murray at: jillianmurray@fumcva.org.

Mark your calendars now for our upcoming family event on December 5th: Advent Adventure "The Symbols of Christmas." This one night only program is a great way to prepare our hearts and homes for the birth of Jesus. Kids of all ages are invited to come make crafts and participate in various Christmas activities. No cost and no registration required!

Advent Adventure

December 5th

6:00 p.m. - 8:00 p.m.

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YOUTH

Youth Ministry: Dates to know!

Youth of FUMC are busy learning, growing, seeking, and serving. If you are a youth at FUMC and haven't had a chance yet to check out some of our programs, please check out our calendar below. If you are new to FUMC and would like to be added to our contact list, please let me know by emailing me amydotto@fumcva.org.

Adult mentors/volunteers needed! Are you looking for ways to serve? Do you like hanging out with awesome teens/preteens? If you answered 'yes' to any of the above questions, we need you. We are looking for more adults from our church to come hang out with the youth on Sunday mornings during Sunday School and/or during youth group activities. If this is you, please contact Amy at amydotto@fumcva.org or 540-373-9021 for more info.

November

- 4: Youth group, 11:00 am—1:00 pm
- 9-11: "Extra.Ordinary. Love." VA Conference Middle School retreat at Eagle Eyrie Retreat Center (Lynchburg); Registration closed
- 11: Tailgate party 3:30-6:00 pm in Kobler Hall Youth Choir, 8:30 & 11:00 am services)
- 17: Micah breakfast sign up link will be emailed
- 18: Youth group 11:00 am—1:00 pm, help with food pounding, prep for Hazel Hill Thanksgiving dinner
- 25: Youth Praise, 8:30 & 11:00 am services

Nov 30-Dec 2: "Extra.Ordinary. Love." VA Conference
High School retreat at Eagle Eyrie
Retreat Center (Lynchburg),
Registration closed

December

- 1: Fxbg Christmas Parade concessions sales
- 2: Youth group
- 9: Youth group
- 15: Youth caroling/ Christmas party 5:00-8:00pm, Kobler Hall
- 16: Christmas musical 9:45 am
 Christmas Cantata, 8:30 and 11:00 am



We invite all women of FUMC to join us in carrying forward a 150 year long tradition of being in mission with women, children, and youth here and around the world. For more information, contact Janine Kuty at janinekuty@yahoo.com or 540-898-0256.

November 1 10:00 a.m. Gladys Cocke Circle, Downstairs Fellowship Hall, Program: Pledge Service; Leader: Jean Himmel

November 6 2:00 p.m. Wesleyan Circle, Rm 202
Program: "Methodist Women: A Personal
Story," Speaker: Joanna Reynolds

November 8 7:00 p.m. Mary Ellen Stephenson Circle, Parlor Program: Living a Life of Balance (Chapter 11, rescheduled from Oct.)

November 14 6:30 p.m. ACTS Circle, Parlor
Program: Simply Relevant Bible Studies for
Women: Patient to the End

November 15 7:00 p.m. UMW Mission Team Meeting, Rm 208 December 1 8:30 a.m. District UMW Advent Prayer Breakfast, Kobler Hall

10:00 a.m. Program in Sanctuary
Speaker: Rev. Dr. Ted Smith, District
Superintendent



The FUMC United Methodist Men hold their **monthly Breakfast meetings** on the second Saturday of each month. The November meeting will be held on November 10 at 8:30 in the downstairs Fellowship Hall.

There are many ways you can contribute to help the families impacted by the recent storms. We have an immediate need for funds to support Flood Relief buckets and a Disaster Response team we will be sending in November. United Methodist Men will be preparing Flood buckets in support of this effort.

Depending on how you would like to help, you may note on your check or find the appropriate fund on the Simple Church APP. Contact Trish Vaughan or Doug Boggs (serve@fumcva.org) for information on volunteering with the team.

ADULTS

The Christianity and Current Events Round Table, designed to help members relate our faith to daily living, selects a current topic in the news and seeks to answer: "What is 'the', or sometimes 'a' Christian resolution to this issue? Church Parlor on Sundays at 9:45 AM.

The **Adventurers Class** meets in Room 201 on Sundays at 9:45 AM.

The **Faith and Fellowship** Sunday School class meets every Sunday at 9:45 a.m. in room 202. We use a variety of books which stimulate discussion, and leadership is shared by class members. We also participate in church-wide Lenten and Advent studies. Our class serves breakfast to the Micah community once a month in the FUMC lower kitchen. We keep in touch with active members and several alumni through our weekly prayer list via e-mail. Visitors are welcome any time. Contact is Jean HImmel, 540-368-9541, jhimmel41@gmail.com

Christian Life Class Is studying David right now and we will also be starting the church's Living Generously. We also SERVE Micah breakfasts quarterly. Stop by anytime in Room 210 at 9:45 AM.

The Wayfarers Sunday School Class is studying the "Adult Bible Studies" series (Spring 2018 edition) entitled "Acknowledging God" in the downstairs Fellowship Hall on Sundays at 9:45 AM.

The **Girlfriends Sunday School Class** This class is a supportive group of women of any age who come together each Sunday, *September through May*, to share about our lives, pray for each other, and study. We meet periodically during the summer months and also do service work together. We alternate between inspirational material and biblical studies. We welcome honest thoughts and questions and welcome visitors to our group. The class meets Sundays at 9:45 a.m. in room 208. For more information contact Rona Costello, 540-373-1296.

The **Wesley Forum Sunday School** class meets in Room 209 on Sundays at 9:45 AM.

The **Contemporaries Sunday School Group** meets in Room 210 on Sundays at 11:00 AM.

SMALL GROUPS

Monday Morning Bible Study

The Monday Morning Bible Study group will meet on November 5 and November 19 from 10:00 a.m. - 11:30 a.m. in Room 210. We will continue our study of Magnificent Grace by Margaret Feinberg (ISBN: 978-1-4185-4931-2), available through Amazon or Lifeway store in Central Park. Everyone is welcome. Each session is self-contained. On November 5 we will discuss "Grace Strengthened" (Chapter 6) and on November 19 we will discuss "Grace Recovered" (Chapter 7). For more information, contact Carol Kuty at 540-898-0256 or janinekuty@yahoo.com.

MERRY MAKERS

Sunday, December 9, at 1:00 the Merry Makers will attend A **Rockabilly Christmas** at Riverside Center of the Performing Arts! A holiday tribute to Buddy Holly featuring Todd Meredith and the Rave Ons. Cost is \$58.00. Ending time is approximately 5:45. Please reserve your place by contacting Ronda Worcester and sending a check. The deadline is November 19. We will provide the bus leaving church at 12:30 for those who would like that. Ronda Worcester, 701 Cobblestone Blvd., Unit 102, Fredericksburg, VA 22401.



Join Tim Gates and Clay Murray as we work through Dave Ramsey's 9-week Financial Peace University! Beginning on 1/9/19, classes will be held each Wednesday evening from 6:30PM until 8:00PM at Fredericksburg United Methodist Church in Room 210. Class will start on 1/9/18 and run until 3/6/19. Nursery care is provided, please just let Clay know if you plan to use it. REGISTER ONLINE HERE: https://fpu.com/1072317.

Learn the steps of gaining financial confidence and freedom from debt through this engaging class with peers - you'll create a budget and tell your money where to go, learn find new ways to save, and learn how to ensure your prosperity in the future! Like Dave always says, "Live like no one else now so later you can live like no one else."

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BETTER HEALTH MINISTRY TOPICS for NOVEMBER



The classes are on Wednesdays starting at 6:30 pm in Room 236. Stop by and learn how to be healthier!

November 7: Fran Barker, Certified Aromatherapist, will focus on Essential Oils

November 14: Gin Schaffer, Coordinator of Integrative Medicine will highlight her walk through cancer using Integrative Therapies

Contact Mary McGhee-Pasternak for more info at betterhealth@fumcva.org

"The Struggle is Real"
A One-Night Women's Event
Friday, November 2, 6-9:30 p.m.
Free Childcare available.

Come, experience an event full of story, worship, and biblical teaching. Be encouraged in your faith, while connecting with other women in your community! Learn how to find the joy in screw-ups, let-downs, and downright ridiculous stuff in life from Nicole Unice's teaching from *The Struggle is Real*.

Host: Ebenezer UMC, 161 Embrey Mills Road, Stafford VA 22554. Contact jshoup@ebenezerumc.org.

Average Attendance - October

 Saturday 5:00 PM—
 25

 Sunday 8:30 AM—
 121

 Sunday 9:45 AM—
 136

 Sunday 11:00 AM—
 158

 Total
 440

CHURCH-WIDE NEWS



THE UNITED METHODIST CHURCH

A Note from our Lead Pastor on the Upcoming Workshops on The Way Forward/2019 UMC General Conference

As I settled in this summer, I began to get questions from some of our leaders and members on my plan to prepare our church for the February 2019 Special General Conference of the United Methodist Church to address issues of human sexuality. The tension within the UMC, as well as in many other denominations, is related to conflicting opinions about the ordination of homosexual individuals and about the marriage of same-sex couples. There has been debate within our church since prior to the 1972 General Conference relating to these issues, so there is long-standing conflict. The upcoming General Conference is unique, however, because it is convening at the request of our bishops to address these issues solely. Given the context of this General Conference, I felt called to attempt to equip our membership to understand what is before us as a denomination. Therefore, I invited the Rev. Dr. Mochel Morris to conduct two sessions of the same workshop to allow for us to better understand "The Way Forward." The purpose of these sessions is educational in nature so that we can discern alongside other United Methodists at this juncture and seek God's Spirit as we move forward. I hope that you will consider attending one of these sessions. Information about the sessions is provided below, as well as links to understand the proposals related to the General Conference. One important point to remember is that no one is certain what will happen with this coming General Conference, and if action is taken, it will be a long process toward implementation of any changes. With all this in mind, I ask that you please join me in prayer for the UMC that we remain focused on our mission to make disciples of Jesus Christ. In Christ, Pastor Gina

November 1 (7:00—9:30 pm) and November 18 (2:00—4:30 pm) in the Fellowship Hall. Nursery available for Nov 18

Micah Community Thanksgiving Worship Service



Tuesday, November 20 at 7pm at St. Mary's Catholic Church.

Fredericksburg UMC Pastor Gina or Josh will preach the service. Service will be held with the support and participation of all downtown Micah Churches. All are



Stretch, Strength & Calm

Mornings this fall





Contact Libby Wasem at (540) 735-5555 lwasem749@verizon.net for information.

The Morning Yoga classes are for all levels. All are welcome. The benefits of Yoga are increased strength, flexibility, and a calmer mind. The intent is to provide an experience of wellness for our congregation. Child care is provided on Tuesdays with a weeks scheduling in advance with Jillian Murray. The class will meet Tuesdays and Thursdays from 9:30-11 AM starting October 2 into May. We follow the Pre-School calendar.

At Fredericksburg Baptist Church, we have a First Friday art show during which artists' works are hung in our Welcome Center for the month. As we prepare for Christmas and there are parties and gatherings of all sorts, we thoughts it would be especially nice to display images of Light and invite participation from all of the Micah Churches AND invite everyone to gather in the Welcome Center of FBC for a First Friday Advent Celebration! Our Open House gathering will be from 5:30-8:00

In Advent We Wait for Light
December's First Friday and month-long Art Show
Featuring Artists of Micah Churches
Welcome Center of Fredericksburg Baptist Church

Any medium may be used to create a representation of Light. Pieces do not have to be framed, but need to be such that they can be hung on the walls. Please make sure your name and phone number are on the back of your art, along with a title and the medium which you are using. We will create cards listing the name of the piece, the medium and the artist's name. You may bring your art to the office at Fredericksburg Baptist Church anytime the week or December 3, and by December 6.

pm on December 7. Everyone is invited whether you share art or not.

You would be welcome to pick your piece up any time after New Year's day, and we will hold any unclaimed art in the church office for those who may be traveling over the holidays.

In order to help us prepare for the show, please email Patti@FredericksburgBaptistChurch.org to let her know the size of any piece you may wish to offer.



As many of you know,

Mary McGhee Pasternak has been a valuable addition to our staff over this past year coordinating our Better Health Ministry which has included innovative heath education programs, workshops, community health resourcing; like our recent Blood Drive, and the CHATi ministry and much more. In recent weeks, our senior pastor has worked with Mary to

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expand her role to assist in the coordination of our congregational care. Mary now serves as our **Congregational Care Coordinator** assisting our pastors in contacts, referrals and coordination when it comes to our caring

ministries. She will work directly with our Stephen's Ministers and lay visitation team at times as well. Please welcome Mary in this new role.



Meet Kenny Jones, our New Evening Facility Greeter/Caretaker

Hello everyone, my name is Kenny Jones... I worked for Washington Gas in Springfield, VA for 32 years. In 2014, our family moved to England for my wife's job - we lived there for 3 years. My hobbies include playing with my kids, fishing and the kids RC cars. Please stop by the desk at the Charlotte Street entrance one evening to say hello and introduce yourselves.

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COMMITEE NEWS

Pledging update from our Generosity Team



Thank you for your support of

our recent "Living Generously" series and campaign for 2019 pledges to our ministry here. We are constantly amazed by the powerful kingdom work being done through the generous works of our membership each day. We appreciate those who have already committed with a pledge for 2019. Pledging helps make a regular personal commitment to the work of Gods' church and it also helps our leadership determine plans for ministry for the coming year. Thank you for your pledges!

We are hopeful that others will return pledges in the coming weeks. If you have not returned your pledge, you can place it in with the offering any week or simply return it to the church office. Pledge cards are available in the extended narthex, in the Kobler Gathering Space, and through our church office. Also, pledging is made easy through our new Simple Church app. As of Sunday, October 28h, the church had received 140 pledges totaling \$619,084 and 80 pledges for the "20/20 Campaign" to reduce our mortgage debt on Kobler Hall in the amount of \$84, 268. Please pray with us for a wonderful year of ministry on the horizon.



A note from our Senior Pastor

The pastors of the Downtown Churches who support Micah met this past Tuesday for a regular

meeting. In our time together, we remembered the victims of the Tree of Life Synagogue in Pittsburgh, as well as the racially motivated murders in Kentucky. Please join me in prayers for these communities and for the ongoing violence in our nation. I will participate in a prayer vigil with candle-lighting at Beth Sholom Temple in Fredericksburg this Saturday evening at 6pm. Faith communities from across our city will gather in solidarity with the Jewish Community and others who are mourning these losses and pray about the rise in anti-Semitism. At the time of this writing, I understand the prayer vigil is at capacity. However, please pray for the event and for the ongoing work of "loving neighbor" we are called to through Christ.

In Christ, Pastor Gina

ANGEL/DOVE TREE

"Love shall be our token; love be yours and love be mine; love for God and neighbors, love for plea and gift and sign.

UMH 242

How does love come down for Prison Fellowship Angel Tree children and their families served by FUMC?

Yes, we do provide Christmas gifts for these children whose parents are incarcerated, but our focus is much broader than becoming a substitute Santa.

Earlier this year, we committed to serving seventy-five Prison Fellowship children.

As soon as we receive our children at the end of October, we begin contacting caregivers to verify each child's name and birthdate, to explain this ministry, and to begin the process of obtaining specific gift suggestions.

Love becomes evident in the ways we reach and respect caregivers.

Having detailed information about every gift requested is essential if a gift to be just what each child hoped for or needed!

Preparing the Angel tags provides another chance to love and to help restore a relationship when we include a special message to each child from the incarcerated parent.

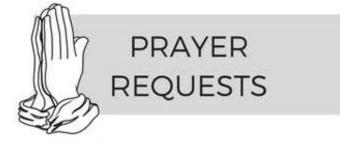
Once the gifts have been purchased and returned to the church wrapped, elves insure that all gifts are readied for delivery. Age-appropriate religious booklets for each child and caregiver, as well as a special invitation for the family to attend Christmas events and services at FUMC, will accompany every delivery.

Church families will have an opportunity to share God's love when they greet a caregiver with these gifts.

Love comes down at FUMC before even a single present is unwrapped!

How will you be a part of this ministry of love?

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CHRISTIAN SYMPATHY TO: Suzie Good on the death of her sister, Gayle Clower; Carol and Bryan Knott and family on the death of her cousin; Gene and Shirley Barlow on the death of Jack Cogle (Gene's cousin and friend);

HEALTH CONCERNS-GENERAL: Drug and alcohol addicted individuals, those with mental illnesses, all who are ill physically and mentally; those struggling with dementia and all who battle cancer.

HEALTH CONCERNS—INDIVIDUAL NAMES

Betty Lou Bailey Kendall Baird

Benjamin and his family

Kelly Berry Bill

Anne Blosser Kelly Blosser Blondina Boxley Brendan

Jerry Dickerson Nick Dittore

Teeny Dryden Maryellen Garcia Evelyn Hall Bill Hammen

Wanda Harvey August Hedge Sharon Jones Judy and Family Natalie Kala

Katy and Paul

Dave Kuck Kevin Lewis Jake Lucash Nick M. Jayne Manger Margaret Art Marony

Wanda McCormick Caleb Merendino Tonya Nelson Susie Nordsrom

Margaret Ochsenfeld June Raines Rebecca and Mike Will Rogers

Scott Eddie Shupe Suzanne Cayden Taylor Karen Walker Will and Pennie Linda Wiseman

LIFE EVENETS, GENERAL AND UNSPECIFIED PRAYERS

Guidance for Family/work decisions Hurricane victims and those suffering loss Homeless in the cold; prepare for winter Bill-guidance

Mark C.

Church, nation, world, peace

Victims of abuse Global victims of severe weather

Mission Discovery teams Janet Kessler

Guidance for family/work

KGHS Family, loss of Erin Meyers Family/friends of Bill Quinn

Family/friends of Gloria Renaldue Sandy & Terri Wiseman—travels

Wisdom for UMC on Way Forward

FUMC teams Tonya Nelson Immigrants

Victims in Pittsburgh synagogue

MINISTRIES OF THE CHURCH:

Missional response to recent natural disasters Mary Pasternak's ministry Our pastors as they lead and shepherd us

Saturday Heartsong Service

Connect, Grow, Serve, Seek Teams

Generosity in pledges to the 2019 ministry work of our church FUMC Visitation Ministry and Congregational Care Ministries

Sunday Schools and other Small Groups at FUMC

PRAISE

Successful Mission trip to Haiti Hannah and Jameson's engagement

Family relationships repaired/strengthened amputation

Praise for good MRI results Steven Marshall—successful toes

Thankful family had no issues during or after Hurricane Michael

Blessing us with all that we need and more than we deserve.

LONG-TERM CONCERNS

Brian Alexander

W Bass

Shannon Berry - pancreatic cancer Lisa Foeman Boatwright

Helen Boswell Alma Bradley Joan Buchan

Connie - terminal cancer

Michelle Cooper Ellen Coppell

Luella Everitt (Diane Isenberg's

mom) Gladys Faust Doug Green

Wayne Hedge - cancer in lung Alberta Hickman

Bobby Hill-spina bifida (GA) (Lydia O'Neil's grandson)

Dan Himmel

Mark and Alice Hoover Lois Huffman

Wayne Jackson and Patti

Charles Jones Rebecca Knerr Bob LaChance Jim Mann Rylee Maslock Caleb Merendino Ruth McGhee Carol Pancake

Helene Patterson (Poet's Walk aunt of Amy Zurasky)

Mary Katherine Resio

Holley Ryan Tina Sheffield Joyce Suttle Jeff Temples Trida Julie Tubbs

Tabitha Van Doren Cindy Wilson - broken nedk Amy Young and Family

Pete Zaremba

NATION & MILITARY/PUBLIC SERVANTS

Healing divided nation Nation and Leaders

All Military and Law Enforcement

First Responders

Airman Adam DeWitte, USAF Riley Nefferendorf

Pvt Winter Ewer Walt Kuck, USS Lassen, USN

Sgt John Phin William Rowe-Navy

Sgt J Seaux

Kyle Shiner

2nd Lt Ted Steber, USMC Drew Wilson - Afghanistan

2019 ALTAR FLOWER CALENDAR



The 2019 Flower Calendar is on the wall outside of the Sacristy (Room 116). Please fill in on the calendar the date you would like to donate flowers, and fill out the information form with your contact and bulletin message. Leave the completed form in the slot provided.

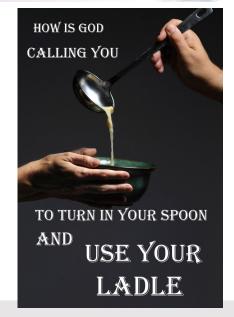
Communion represents God's greatest expression of love for us and it's a reminder that He provides all we need.

Serving communion is a wonderful way to connect with God and those in our church.

If you are interested in serving, please contact: 8:30: Adam Sutton @ hoosyshokies95@aol.com 9:45: Cyndi DeWitte @ mrscdewitte@yahoo.com 11:00: Hank McCaslin @ henrymccaslin@yahoo.com









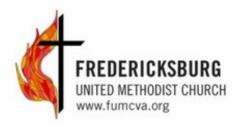
Tuesdays work for you? Right now we need extra people to help with the 1st and 2nd Tuesdays. Servers arrive at 7am and are finished by 9am. We really need help. This winter we could be serving as many as 80 people.

Contact Kitti Mann at kittimann5@gmail.com.

Fredericksburg UMC is host to a Micah breakfast each Tuesday of the month all through the year.

Periodically on Saturdays we serve at the Presbyterian Church.

Saturdays better? We have a Breakfast On Saturday October 6 (7-9 am) and we Need your help! Contact Diane Cotter to Volunteer (dianecotter@comcast.net)



(540) 373-9021

CONTACTS

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Rappahannock River District of the UMC Superintendent: Ted Smith

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Contemporary Worship Leader, Children and

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Organist

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Office Manager: Ext. 105

carolknott@fumcva.org

Financial Administrator: Ext. 102

Church/Membership & Stewardship Secretary: Ext.

103, michellecooper@fumcva.org

REMEMBERING OUR VETERANS AND SAINTS

The combined Sanctuary and Family Choirs will provide a special musical presentation in honor of Veterans Day and All Saints Day on **Sunday, November 4th at the 8:30 & 11AM services.**

There will also be a concert in honor of our veterans on **November 4th at 3PM** with an "unofficial" performance by members of the United States Army Band Blue Grass Group.

Newsletter Articles are due on the 15th of every month. Please submit articles to http://fumcva.org/my-newsletter-article/ or via email newsletter@fumcva.org or place paper copy of articles in Carol Knott's mailbox.