



SEEK is always looking for new and creative ways to reach out to those who have not been a part of the many opportunities that FUMC holds.

If you are someone who would like to be involved in outreach activities that SEEK has planned in the coming months, stay tuned to this section of the Newsletter for details. Most projects require just a few hours of your time and it's a great way to meet some folks you might not know yet.

## NEW MEMBERS WELCOME CORNER

Check out this section of the monthly Newsletter to learn a little about our new members. We would like to feature several new members who have joined in the past few months.

New members- Please contact Denise Gates at [dgparishnurse@hotmail.com](mailto:dgparishnurse@hotmail.com) with any photos or information you would like to share with us.



We are pleased to welcome Max and Dorothy Youmans to the Fredericksburg UMC family. The Youmans recently joined FUMC and were introduced to our church by Terri and Bob Pickett.

Dorothy enjoys reading, writing, bowling and her passion is nursing. Max spent 35 years in the travel business. Prior to moving to Fredericksburg in 2011, they lived in Alexandria for over 30 years.

We hope you will have an opportunity to meet Max and Dorothy and share an invitation to learn more about them.

If you/your family recently joined our FUMC family and would like to share a photo with us, please contact Denise Gates at [dgparishnurse@hotmail.com](mailto:dgparishnurse@hotmail.com) or (423)838-1581.



**SERVICE OF  
REMEMBRANCE**  
*please join us*

*Sunday, October 7th 2:00 p.m.-3:00 p.m.*  
*Reception to follow*  
*Fredericksburg United Methodist Church*  
*308 Hanover St. Fredericksburg, VA*

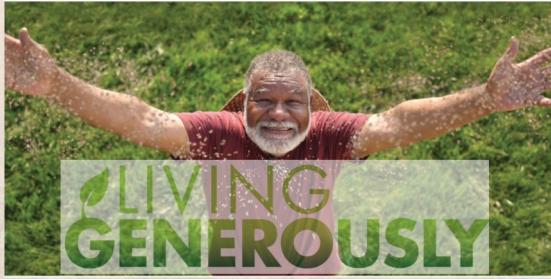


*You are invited to the Service of Remembrance to be held Sunday, Oct 7th at 2:00 in our Sanctuary. Pastor Gina will be preaching the service and a reception will follow in the Fellowship Hall. This is open to all who have suffered a loss and want to take a moment to remember their loved one.*

*Pastoral Care Line*

**540-388-0012**

EXPERIENCING THE LIFE THAT IS TRULY LIFE



Our Sermon Series, Living Generously: Giving our First and Best to God continues in October.

## Upcoming Sermon Series

In this series, which includes video moments in our worship and Sunday school times, you will see a family take risks,

experience suffering, doubt and joy while we reflect upon biblical precepts of “giving God our best.” Moreover, you will see what happens when the family chooses to embrace a generous life in the midst of uncertainty. Like them, you will be invited into a transformational process concluding with our church-wide pledging for 2019 church ministry support in worship Saturday/Sunday on October 20-21<sup>st</sup>.

- *Do you want to give God your first and best or your leftovers?*
- *How important is giving to your family?*
- *How does your faith have to grow for you to be able to be more generous?*
- *Are you investing your effort and treasure in the eternal or the temporary?*
- *How can you invest in the eternal?*

We will deal with these questions and more as we explore “Living Generously” this fall!

### *Did You Know facts of September:*

- For 2018, it will take \$1,373,560 to run our church? (and we are \$224,000 short on making our annual budget so far).
- There are 230+ volunteers on 23 committees that assist the staff with the operation of the church and its ministries.

## MUSIC Notes

### Choir times this year are as follows:

Children 5:45-6:30

Middle School 6:30-7:30

High School 7:30-8:30

Please feel free to email Jennifer Leja with any questions at [jenniferleja@fumcva.org](mailto:jenniferleja@fumcva.org)

### CONTEMPORARY WORSHIP TEAM

Our Contemporary Worship Team is looking for new members! If you have any skill in sound, computers, graphic design, lighting, videography, or photography, let's get you connected! We are also looking for talented musicians to join us on stage! Contact Jennifer Leja for more information. Please email: [jenniferleja@fumcva.org](mailto:jenniferleja@fumcva.org)



The combined Sanctuary and Family Choirs will provide a special musical presentation in honor of Veterans Day and All Saints Day on Sunday, November 4th at the 8:30 & 11AM services. There will also be a concert in honor of our veterans on November 4th at 3PM with an “unofficial” performance by members of the United States Army Band Blue Grass Group.



# SERVE

*Do you have a heart for Service?*

There are countless ways to serve our church, children, families and our community for you and your family. Join us at our SERVE meeting!

2nd Tuesday of each month - 7:00 p.m.

Micah Breakfasts are served every Tuesday morning in the downstairs kitchen between 7-9 am. We also serve at the Presbyterian Church on some Saturdays. If you would like to be a part of this ministry please contact Kitti Mann ([kittimann5@gmail.com](mailto:kittimann5@gmail.com)) for Tuesday teams. If Saturday mornings are better, please contact Diane Cotter ([diancotter@comcast.net](mailto:diancotter@comcast.net)).

We have an immediate need for this month—October 6th (Saturday morning at 7:00). If you can help, email Diane Cotter and/or sign up on the signup genius: <https://www.signupgenius.com/go/10c0d4eadad2da5f94-micah8>

The **Furniture Bank** and the **Community Dinner** are coming up on October 13th!

**Let's SERVE our community**

If you are interested in helping with either of these ministries, visit the website at [www.fumcva.org/serve-his-people](http://www.fumcva.org/serve-his-people) to volunteer.



# SPOTLIGHT

## Ladies Book Club

First Tuesday of each month beginning in

October

9:15-10:30 a.m.

Room 209

Ladies who love to read, laugh and talk!

\* Nursery available if needed \*

October selection: "Girl, Wash Your Face" by Rachel Hollis



## The Green Team

### Caretakers of God's Creation

The Green Team, a part of Caretakers of God's Creation, is back! We are currently reorganizing the Green Team to update our environmental ministry, and we are looking for any of our old members and all interested people to serve in ministry to our Church and to God's Creation. We want to evaluate what we're doing now and find ways to do an even better job of being good stewards of this beautiful world that God has given us. One of our most exciting goals is to research solar energy as a way to not only help to preserve the environment, but also to conserve our Church's monetary resources for years to come.

Caretakers of God's Creation is a United Methodist Church and Community Ministry dedicated to caring for and healing God's creation. Through this ministry, we are asked to care for God's creation in five areas of church life: worship, stewardship, mission, discipleship, and evangelism. The Green Team has worked to make our church a greener church through education and better use of resources. Our mission is a response to the call of the Council of Bishops of The United Methodist Church. We are looking forward to answering that call once again.

For more information, contact Sandy Howson at 540-845-3894 or [sandracashhowson@gmail.com](mailto:sandracashhowson@gmail.com) (write Green Team in the subject line). Please consider being a part of our group. There will not be a lot of meetings once we get started again. We would love to have someone with electrical engineering experience and anyone with familiarity with solar energy. Most of all, we need people who love our Church and love God's Creation! Please contact Sandy to become a member of this group seeking to be good stewards of this beautiful gift that is Creation.

# MISSION KIDS

**The Salvation Army Red Kettle Campaign**  
November 9, 2018 - December 24, 2018

ONE DAY OF VOLUNTEER BELL RINGING CAN  
CHANGE A LIFE!



Mission Kids: Have you ever wanted to ring the Salvation Army bell but don't know who to contact? Here's your chance! FUMC will be ringing the bell on November 17th, from 9:00 - 4:00 p.m. in front of Goolrick's Pharmacy on Caroline Street. Families are encouraged to volunteer for this easy and one-time opportunity to give back to the community, and help folks in need during the holiday season. If you have an hour to spare, sign your family up for this fun opportunity! Email Jillian Murray ([jillianmurray@fumcva.org](mailto:jillianmurray@fumcva.org)) for more information.



Micah needs: men's and women's ankle length white socks, men's underwear size M/L/XL, women's hygiene (tampons), and always a need for water.

Items can be dropped off at the Hospitality Center at 1013 Princess Anne Street between 10 and 2, Monday through Friday or left in Mission Control at church.

# MISSION YOUTH

## Youth Summer Missions 2019!

It seems like just yesterday I handed out our green Jesus shirts and helped load our Summer Mission teams into their vehicles to go serve. The first day of Fall was just a few days ago, BUT now is the time to start planning for Summer of 2019.

Who's ready to serve others? Who wants to step out of your comfort zone and try something new? If the answer is you, come to our Summer Mission Meeting on Sunday, October 14. We will have our regular Youth Group Meeting from 11-12:15 then invite parents to come learn more about our summer missions at FUMC.

### Middle School Opportunity:

Jeremiah Project: Current 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grade students (\$100 Deposit)

We are planning July 28-August 3 in Richmond: Richmond, VA (Inner City Mission). Relational ministry with the homeless and elderly, as well as opportunities to serve with ministries that are already established in the Richmond, VA area: Shalom Farms, Rise Against Hunger, The UM Family Services, and more.

### High School Opportunities:

Fred Camp: June 30-July 6 (\$100 Deposit)

We exist to bring together youth and adult volunteers for one week each year; together, we live and work together in a Christian community, performing critical home repairs and remodeling for low-income individual and families in Fredericksburg and the counties of Stafford, Spotsylvania, Caroline and King George. We also make time for fellowship, fun, and great food!

Carolina Cross Connection (CCC): (\$100 Deposit)

Urban Ministry – Asheville is an unforgettable week serving with the homeless in the heart of downtown Asheville. It is an opportunity to meet and truly befriend those who are without homes or marginalized and to attempt to understand life in a different context. It is an opportunity to break down stereotypes and barriers between material wealth and poverty, and in their place, to find genuinely deep, Christ-centered relationships.

For More information check out the following websites: [Fredcamp.org](http://Fredcamp.org);

<https://carolinacrossconnection.org/urbanministry/>;

[http://jeremiahproject.org/work-camps/dates-](http://jeremiahproject.org/work-camps/dates-locations)

[locations](http://jeremiahproject.org/work-camps/dates-locations) or contact Amy at [amydotto@fumcva.org](mailto:amydotto@fumcva.org)

# MISSION ADULTS

## LETS GET BUSY

We serve our community, our children, our families and within our church. Please consider just some of the ways below where we can use a hand.

**Congregational Care.** There are many ways of caring through visitation, calls, home communion service, Stephen Ministers, hospitality, and prayer shawls for our church members and our home-bound members.

**Worship services** require volunteers to help as ushers, communion servers, scripture readers, communion preparers, technology/sound volunteers and greeters.

**Food Pantry** which provides nourishing food and encouragement to over 4,500 people annually. Generous donations and staffing from our members and other sources make this endeavor possible.

**Teach our children.** We are always in need of adult teachers or helpers for our children's Sunday school classes and Wednesday night programs.

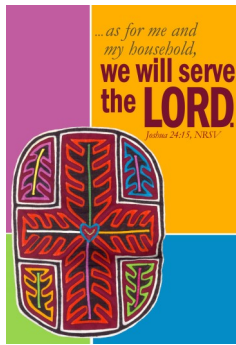
**Church Bazaar.** We meet every other year to create items to sell at a bazaar in November of that year. We welcome all interested crafters and seamstresses to our workshops—come get your craft on!

**Bus and Van Drivers** The church "has left the building" as we shuttle our members and community members around in the name of Jesus.

**Church Office.** We serve our church in administration to keep things running smoothly. Volunteers can serve on committees, in communications, reception, or in the finance area.

**Technology.** Those who have an affinity for technology serve as sound-board operators, run worship presentations and help with computers, networks and databases.

Contact us at [serve@fumcva.org](mailto:serve@fumcva.org) or call (540) 373-9021, ext 105. We would love to use your energy and talents in God's house.



# MISSION CHURCH

During this season of harvest, we often count our blessings and joyfully strive to share our love for other neighbors and friends. Our FOOD POUNDING is a cherished Fredericksburg UMC tradition. Remembering our Lord's charge to "FEED MY SHEEP" we collect food for Thanksgiving Dinners. From now until the Food Pounding weekend on November 18<sup>th</sup>. Bring your bag full of food to Church as our offerings will be blessed at the altar during our first hymn. We will deliver bags of food following church services to Heritage Park. **Special bags will be provided for the Food Pounding items.**

## SCHEDULE

Oct 14—Dressing Sunday, 1 large or 2 boxes bread crumb or stove-top stuffing

Oct 21—Green Bean Sunday, 2 28 oz. cans of green beans

Oct 28—Mashed Potato Sunday, 1 large box of instant mashed potatoes

Nov 4 – Cranberry Sunday, 2 cans of 16 oz. cranberry sauce/jelly

Nov. 11– Cornbread Sunday, Two boxes of cornbread mix

Nov 18—Macaroni and Cheese Sunday, 1 large or 2 boxes of mac & cheese

**November 18 is Food Pounding Sunday—Bring your collection bags to the altar for blessing!**

We will also include a special church message and \$15 Food Gift Card. This year we will serve a Thanksgiving meal for Hazel Hill families on November 20<sup>th</sup> in Kobler Hall. Hazel Hill families will pick up their food bags/gift cards when they come to dinner.

Food Pounding Sunday help needed for deliveries on Sunday November 18<sup>th</sup>, following the 11:00 a.m. service (Hanover St. entrance)

- \* Pray and cluster bags in groups of 10
- \* Drive your truck/van to deliver
- \* Place a Church note in each bag
- \* Pray once delivered
- \* Count bags at doors to double check count
- \* Photograph the delivery to catch special moments

Please contact Mike Cotter, [mvcotter@comcast.net](mailto:mvcotter@comcast.net) if you would like to participate in the November 18 deliveries or the Thanksgiving meal in Kobler Hall on November 20<sup>th</sup>.





## October Menus



|             |  |
|-------------|--|
| October 3:  | Baked Potato Bar, Baked Pineapple, Mixed Salads, Dessert   |
| October 10: | Meat Loaf, Mashed Potatoes, Green Beans, Tossed Green Salad, Fruit and Dessert                       |
| October 17: | Pork Loin, Sauerkraut, Harvard Beets, Boiled Potatoes, Greens and Vegetable Salad, Fruit and Dessert |
| October 24: | UMM Chili Cook-Off   |
| October 31: | Vegetable Lasagna, Garlic Bread, Green Salad, Fruit, Birthday Dessert                                |

The **Wednesday Night Dinners** started with an outstanding attendance on September 12. We had close to 120 hungry souls show up for a hearty pork BBQ dinner. Unfortunately, only 94 people had signed up for the meal. Since food shopping is based upon those who sign up, please take the time to let the Wednesday Dinner team know if you plan to come. Sign up on either of the two sign-up sheets, one in the Gathering Space and one on the bulletin board in the Extended Narthex, after the Saturday service, or any of the three Sunday services. Also, you can take advantage of the electronic sign-up through the Church website till 9:00 am on the Tuesday before the dinner. Doing this will ensure we always have enough food to feed the hungry. Please use electronic means to cancel a reservation that you can not make. We look forward to seeing you again in the weeks ahead.

We are again offering the Wednesday dinner time to church groups who would like to host a dinner as a fund raiser for their group. Also, it gives the dinner team a night off. We already have the United Methodist Men and Boy Scouts preparing their menus for a meal in October and November, respectively. Let Don Becker (our own 'Chef Don') know if you would like to host a dinner (phone: 540-371-2155 or email: [beckerdl@aol.com](mailto:beckerdl@aol.com)). He can help you with menu ideas and give estimates as to the number of people you will need to host the event. Last season we had dinners hosted six times. All of the meals were well received, participants enjoyed the change and learned a bit about some of the ministries of the church, and the groups raised money to support their ministries. And lastly, the Wednesday Night Dinner team appreciated the time away from the kitchen. We look forward to hearing from you.

## Sunday Fellowship



## Coffee Hour

Thank you to ALL of our dedicated volunteers that make the weekly Sunday Coffee Hour possible! Your kind heart in volunteering your time to serve in the coffee hour ministry and provide each Sunday morning fellowship is warmly appreciated! Church Family, in order to continue providing the Sunday coffee hour, WE NEED volunteers to host. Please prayerfully consider giving your time to host a Sunday! Families and groups are welcome to participate in this ministry. Training is provided. Contact Marci Dishman, [marciadishman@me.com](mailto:marciadishman@me.com).

October 7: Wayfarers  
October 14: Marci Dishman  
October 21: Wesley Forum  
**October 28: Volunteers Needed!**

**November 4: Volunteers Needed!**  
November 11: Wayfarers  
November 18: Christian Life  
**November 25: Volunteers Needed!**



FUMC Preschool began a new school year in September, and we already have a number of fun activities planned for October!

First, we look forward to our trip to the Snead's Farm pumpkin patch on October 10 and 11! Our students and their parents will enjoy the morning exploring the farm, feeding the animals, learning about pumpkins, and playing on the helicopter, mountain slide, pine maze, and in the sand pit and straw barn with swings! On October 17 and 18, our preschoolers will attend chapel with Pastor Gina and Pastor Josh to hear the story of Noah's Ark. When our students attend chapel, they each bring a non-perishable food item to give as an offering, and then the food is collected and donated to the church food pantry. Our annual Mother's Nights will be held on Monday, October 22 and Tuesday, October 23. Preschool moms will enjoy an evening of preschool activities with their child, including reading books in the reading room, conducting a science experiment, exploring various building materials, completing a craft, having a snack, and taking silly photos in our fun photo booth!

We are also looking for senior adult volunteers to "Adopt a Classroom"! Our senior adult volunteers are asked to commit at least 30 minutes per month, visiting with their adopted class, building relationships, and sharing God's love. Activities can include reading books during story time, assisting with a craft, helping with a cooking activity, and getting to know our students. Single adults or couples are welcome. Don and Mary Grace Becker and Don Swanlund can tell you all about their experiences as a senior volunteer in the preschool! If you are interested in volunteering in the preschool, please contact Becky Patrick at 540-899-3172 or by email at [preschool@fumcva.org](mailto:preschool@fumcva.org). We hope you will consider joining us!

Sunday School Kick-off was a success! Thanks to everyone who came out for the start of our 2018-2019 Sunday School year. In September we began reading Genesis, and we learned that we serve a creative and powerful God. We are looking forward to a fun and meaningful year!



Did you know? Kids are invited to partake in Holy Communion once a month during Chapel time? Communion is a sacred and special tradition, and Jesus invites people of all ages to His table at FUMC. This meal reminds us of Jesus' ultimate sacrifice for us, and that God loved the world so much that he gave Jesus up for us! Explaining communion to your child in advance will help strengthen their relationship with Jesus, and ensure that they are ready.

October 28th is Children's Sabbath! Children will be leading worship during all three services. This year's theme is: "Live Your Purpose," based on Proverbs 19:21: "Many are the plans in a person's heart, but it is the Lord's purpose that prevails." If your child would like to participate in Children's Sabbath, many slots are open! We need ushers, communion servers, scripture readers, and more! Contact Jillian Murray at [jillianmurray@fumcva.org](mailto:jillianmurray@fumcva.org) if your child would like a part in this very special Sunday!



Angel Choir meets each Wednesday night from 5:45 - 6:15 p.m. These short and sweet practices will prepare the kids to sing songs on Children's Sabbath and during the Christmas Musical on December 16th. Angel Choir is open to kids aged two through five. Come sing, play and make a joyful noise for the Lord!

Volunteers to fill in as teachers and assistants for the Fall Sunday School Quarter are still needed. Can't volunteer in the Fall? Consider helping out during the winter or spring! It is a great way to get to know the children of FUMC, and learn the Bible right along side them.



# YOUTH

## BE\*YOU\*†\*FULL!

Fredericksburg United Methodist Church Youth Fellowship 2018-19

Welcome youth and Youth Families!

What is BE\*YOU\*†\*FULL and what does this have to do with FUMC YOUTH? After much prayer and consideration, it was decided that Beautiful would be the theme for our Youth 2018-19. I do know how to spell Beautiful but the idea is to dig deeper to learn more about ourselves as Christ Followers. What does it mean to be Christ filled? Who am I as a Child of God? What makes us beautiful?

Each week we plan to dig a bit deeper to discover who we are as a person, as a child of God, and how we are living out God's plans for us. We will hang out in the Book of Romans to discover what our gifts and talents are and how we can share these gifts with those we encounter.

FUMC youth is comprised of Middle School Students (currently in 6<sup>th</sup> Grade) through High School. We offer programs throughout the year to encourage our youth to Seek, Serve, Grow, and Connect. Are you seeking the Lord, connecting with others, growing as an individual, and serving others? Either way, come check out our youth ministry and see what we are all about.

FUMC youth will meet 1<sup>st</sup> 3 Sunday's of the month from 11-approximately 12:30 downstairs in the Fellowship Hall. We will have silly activities tied with lessons from the Bible, fellowship with other Christians, and service projects. To see what we are up to this year, please be sure to get on the group email list by contacting Amy Dotto at [amydotto@fumcva.org](mailto:amydotto@fumcva.org). You can also find our calendar on the church website.

Join us this year as we seek to learn more about ourselves as Children of God!

Our October Schedule:

Oct 7, 14, and 21: Youth Group: 11:00—1:00, Fellowship Hall

Oct 14: Mission Meeting (parents join in at 12:15)

Oct 27: Bonfire at Kenny Smith's House, 5:00—8:00pm

Oct 28: Children's Sabbath—No Sunday School



For more information contact Janine Kutty at 540-898-0256 or [janinekutty@yahoo.com](mailto:janinekutty@yahoo.com).

All women are welcome!

October 6, 10:30 a.m. - 12:30 p.m. General Meeting with Catered Luncheon, Kobler Hall; Program: Memories of Our Trip to the Holy Land; Speakers: Jayne Manger and Ronda Worcester

Pre-registration required: Sign up at Welcome Desk in the Gathering Space, on UMW Bulletin Board beside Parlor, or by contacting Jean Himmel at [jhimmel41@gmail.com](mailto:jhimmel41@gmail.com) through Wednesday, October 3. Cost of luncheon: \$8.00. Childcare must be requested when registering.

October 11, 7:00 p.m., Mary Ellen Stephenson Circle, Parlor Program: *Living a Life of Balance* Bible study (Ch 11)

October 18, 7:00 p.m., WEB (Women Enriched by Books) Group, Room 207, Book: *The Same Sky* by Amanda Eyre Ward

October 20, 12:00 p.m., ACTS Circle Hands-on Mission Project

October 27, Conference UMW Annual Meeting, Chestnut Memorial UMC, Newport News, VA; Speaker: Shannon Priddy, National UMW President



The FUMC United Methodist Men hold their **monthly Breakfast meetings** on the second Saturday of each month. The October meeting will be held on October 13 at 8:30 in the Fellowship Hall.

THE 8TH ANNUAL  
FREDERICKSBURG  
UMC

# CHILI COOK-OFF

October 24, 2018  
5:00pm - 6:30pm

Do you make the best chili? Enter and let the judges decide!  
Entry fee \$5.00 per entry  
Register by October 21st - Larry Julihn ([ljulihn@gmail.com](mailto:ljulihn@gmail.com))

# ADULTS

The **Christianity and Current Events Round Table**, designed to help members relate our faith to daily living, selects a current topic in the news and seeks to answer: "What is 'the', or sometimes 'a' Christian resolution to this issue? Church Parlor on Sundays at 9:45 AM.

The **Adventurers Class** meets in Room 201 on Sundays at 9:45 AM.

The **Faith and Fellowship** Sunday School class meets every Sunday at 9:45 a.m. in room 202. We use a variety of books which stimulate discussion, and leadership is shared by class members. We also participate in church-wide Lenten and Advent studies. Our class serves breakfast to the Micah community once a month in the FUMC lower kitchen. We keep in touch with active members and several alumni through our weekly prayer list via e-mail. Visitors are welcome any time. Contact is Jean Himmel, 540-368-9541, [jhimmel41@gmail.com](mailto:jhimmel41@gmail.com)

**Christian Life Class** is participating in the Living Generously study. We also SERVE Micah breakfasts quarterly. Stop by anytime in Room 210 at 9:45 AM.

The **Wayfarers Sunday School Class** is studying the "Adult Bible Studies" series (Spring 2018 edition) entitled "Acknowledging God" in the downstairs Fellowship Hall on Sundays at 9:45 AM.

The **Girlfriends Sunday School Class** This class is a supportive group of women of any age who come together each Sunday, *September through May*, to share about our lives, pray for each other, and study. We meet periodically during the summer months and also do service work together. We alternate between inspirational material and biblical studies. We welcome honest thoughts and questions and welcome visitors to our group. The class meets Sundays at 9:45 a.m. in room 208. For more information contact Rona Costello, 540-373-1296.

The **Wesley Forum Sunday School** class meets in Room 209 on Sundays at 9:45 AM.

The **Contemporaries Sunday School Group** meets in Room 210 on Sundays at 11:00 AM.

# SMALL GROUPS

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## Monday Morning Bible Study

The Monday Morning Bible Study will meet on October 15 from 10:00 a.m. - 11:30 a.m. in Room 210. We will continue our study of *Magnificent Grace* by Margaret Feinberg (ISBN: 978-1-4185-4931-2). We will discuss Chapter 5, "Grace Remembered". Everyone is welcome to join us. Each session is self-contained. For information, contact Carol Kutty at 540-898-0256 or [janinekutty@yahoo.com](mailto:janinekutty@yahoo.com). (The class will not meet on October 1 because the teacher will be having minor surgery.)

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## Financial Peace University

Financial Peace University is a nine-lesson, money-management class taught by America's most trusted financial guru, Dave Ramsey. Dave and his teaching team will walk you through the basics of budgeting, dumping debt, planning for the future, and much more. And now you can experience this life-changing class with other people in a local group.

Coming in January and led by our own Tim Gates and Clay Murray; this class will help you take control of your money, plan for your future, and transform your life.

January 9th and going through March 6th, the class will meet weekly at 6:30.

To register, <https://fpu.com/1072317>



## Candleburning 2018

The Candleburning program gives people or groups the opportunity to honor friends and family members while supporting the work of United Methodist Women around the world. This year, the members of FUMC contributed \$974. We thank you for your generosity. Here is a list of those honored this year.

### IN HONOR OF:

Becky Brooks  
Marsha Danuser  
Janet Davis  
Charlotte Edge  
Our Families  
My wife, Jean Himmel  
Jean Himmel  
Jackie Holbrook  
Our Mothers & Grandmothers  
Carol Kutty  
Carol Kutty  
Janine Kutty  
Janine Kutty  
Melissa Kutty  
Our Children & Grandchildren  
Shirley Perham  
Mrs. Ruth Ramsey  
My sister, Kitty Ray  
United Methodist Women of FUMC  
United Methodist Women  
Lucy Willard

### IN MEMORY OF:

Tokiko Blaine  
Bob Bonshire  
David Brumbaugh  
Elaine Carver  
Elizabeth Cover  
Florence Croot, his Mother  
My Friend, Dawn Dellar  
Ken Ferree  
Mary Ferree  
My Mother, Theo S. Flannigan  
Margaret Gordon, her Mother  
My Parents: Elizabeth & Dan Himmel  
Ruth Hoenninger  
Elnora Johnson  
Chris Kutty  
Christine Kutty  
Ruth Luther  
Lorraine McConnell  
Brad Monroe  
William Moore  
Edith Overley  
Jon Perham  
Shirley Riddle  
My Mother, Louise Wells  
Edith Clara Wilcox  
Helen & Gene Wisenbaker

### BY:

Janet Davis  
Janine Kutty  
Julie Tubbs  
Douglas and Jackie Holbrook  
Tim and Denise Gates  
Dan Himmel  
Pat Blosser  
Julie Tubbs  
Sandy and Scott Howson  
Janine Kutty  
Pat Blosser  
Pat Blosser  
Carol Kutty  
Janine Kutty  
Rev. Bob & Sue Lewandowski  
Julie and Valerie Perham  
Kenneth C. Ramsey  
Jean Himmel  
Charlotte Edge  
Anonymous  
Janet Willard and Family

### BY:

Bill Blaine  
Linda Bonshire  
Beverly Brumbaugh  
Janine Kutty  
Janine Kutty  
Nancy and Samuel Croot  
Colleen McDonald  
Julie and Valeric Perham  
Julie and Valeric Perham  
Pat Blosser  
Nancy and Samuel Croot  
Dan Himmel  
Janet Davis  
Florence Ridderhof  
Janine Kutty  
Carol Kutty  
Julie Tubbs  
Janet Willard and Family  
Betty Monroe  
Jeannette Moore  
Florence Ridderhof  
Julie and Valeric Perham  
Laura Pal  
Jean Himmel  
Judith C. Wilcox-Blosser  
Anonymous

## Average Attendance - September

|                         |            |
|-------------------------|------------|
| Saturday 5:00 PM—       | 23         |
| Sunday 8:30 AM—         | 122        |
| Sunday 9:45 AM—         | 156        |
| <u>Sunday 11:00 AM—</u> | <u>144</u> |
| Total                   | 445        |

# CHURCH-WIDE NEWS

## 2019 ALTAR FLOWER CALENDAR

The 2019 Flower Calendar is on the wall outside of the Sacristy (Room 116). Please fill in on the calendar the date you would like to donate flowers, and fill out the information form with your contact and bulletin message. Leave the completed form in the slot provided.

## Greeters needed for the 9:45 service

If you are already coming to the 9:45 service, please consider joining our greeter team. Each month you would only need to sign up for one Sunday. All you would have to do is arrive 15 minutes early at least once a month, bring a smile and a welcoming voice, and a little muscle to open the door. Contact Tina: [tinarenninger@gmail.com](mailto:tinarenninger@gmail.com) for more information.

## Merry Makers

**LEWIS  
GINTER  
BOTANICAL  
GARDEN**

The Merry Makers are taking a Tour of Lewis Ginter Botanical Gardens and lunch at The Virginian on Tuesday, October 9th. The church Bus & Van will depart at 8:30 AM.

We are excited to see such a big group signed up and ready to go. We hope they have fun!

## Food Pantry News

Through the efforts of Ed Sielski, Director of FUMC's Food Pantry, the church is receiving a new LG upright freezer from the Fredericksburg Regional Food Bank! Delivery will be in October!

We would like to thank Ed Sielski and Gene Barlow for their many years of service and dedication to the people of the community.







### BETTER HEALTH MINISTRY TOPICS for OCTOBER

The classes are on Wednesdays  
starting at 6:30 pm in Room 236.  
Stop by and learn how to be  
healthier!



- October 3: Dr. Kristen Par; TMJ and the power of the tongue  
October 10: Downsizing; getting rid of Tomorrow's headaches Today  
October 17: Dr. Pascal Gngongmon, Sleep Specialist — Don't miss this one!  
October 24: SGT Worley; Scams—Fraud—what you should know!

Contact Mary McGhee-Pasternak for more info at [betterhealth@fumcva.org](mailto:betterhealth@fumcva.org)

### Mops /Moms Next Meetings at night start October 10th!

Looking for a Mom Tribe? Need a few hours with your hands free and heart full? Fredericksburg MOPs & Moms Next is open to moms with infants, preschoolers, and school age children! Meetings begin again in October right here at church on Friday mornings, or join our Collectives group Wednesday nights. Visit [www.FredericksburgMOPs.com](http://www.FredericksburgMOPs.com) or find us on Facebook. We are also looking for childcare workers as well - if you have a heart for caring for young children, please contact Kelly Sienkowski, or email [FMopsSteering@gmail.com](mailto:FMopsSteering@gmail.com) to see how you can serve! We are the perfect group for the mom searching for connections, friends and answers to those hard questions! And just because you work full time, doesn't mean you can't be involved!! For more information on joining, email us at [fmopssteering@gmail.com](mailto:fmopssteering@gmail.com) or call/text Allison Xanthopoulos at 703 929 4274.



### Gift Annuity—A Win, Win for You And FUMC

In our retirement years, many of us worry whether we are going to have enough money to take care of ourselves and not be dependent on others during our lifetime. And, many of us yearn in our declining years to have the satisfaction of knowing that our Church will have a secure financial future long after we have passed on.

Are these conflicting motivations? Not necessarily. In fact, they can be complementary by purchasing a gift annuity through the Virginia United Methodist Foundation. Dedicated, deceased FUMC members have already paved the way with the residuals of the gift annuities going to the Fredericksburg United Methodist Foundation.

Many elderly have seen their financial situation worsen in recent years by experiencing returns on fixed income investments that barely keep pace with inflation. Current gift annuity rates—even when purchased at age 60 and two life—provide guaranteed lifetime returns that exceed most fixed income investments available in the open market. Check out the chart below for examples that took effect July 1, 2018.

| Age | 1 Life Rate% | 2 Lives% | Age | 1 Life Rate% | 2 Lives% |
|-----|--------------|----------|-----|--------------|----------|
| 60  | 4.7          | 4.1—4.5  | 78  | 6.8          | 5.9-6.65 |
| 65  | 5.1          | 4.5-4.9  | 80  | 7.3          | 6.2-7.1  |
| 68  | 5.3          | 4.8-5.1  | 82  | 7.7          | 6.6-7.5  |
| 70  | 5.6          | 5.0-5.6  | 84  | 8.1          | 6.6-7.5  |
| 72  | 5.8          | 5.2-5.6  | 86  | 8.5          | 7.1-7.9  |
| 74  | 6.1          | 5.4-5.9  | 88  | 8.9          | 8.3-8.7  |
| 76  | 6.4          | 5.6-6.2  | 90+ | 9.5          | 9.1-9.3  |

The Virginia United Methodist Foundation points out that there are other advantages in purchasing a gift annuity: An income tax charitable deduction the year you purchase the annuity, A portion of the annuity payments are tax free for your life expectancy, and The partial elimination of capital gains tax when you use appreciated assets to fund an annuity.

For more information to arrange an appointment to talk with a representative of the Virginia United Methodist Foundation, contact Jerry Miller (540-372-6714, [jmilleract@verizon.net](mailto:jmilleract@verizon.net).) A gift annuity requires a minimum purchase of \$20,000.

The Fredericksburg United Methodist Foundation was organized nearly 20 years ago by the FUMC Church Council as a 501(c3) corporation to administer funds to carry out FUMC missions. Its Board is appointed by the Church Council and the Senior Pastor is a voting ex officio member,. During the current calendar year, the Foundation Board has made over \$47,000 in disbursements to support FUMC missions. All FUMF assets are invested through the Conference Foundation.

A named fund requires a gift of at least \$20,000, and the benefactor can designate the purpose for which the proceeds are to be used.

# COMMITTEE NEWS



## Quarterly Giving Statements

Time is approaching for the 3rd quarter giving statements to be provided to each of you. We are going to utilize our system capabilities to send these statements as a .pdf via email in early October.

Please ensure your email is up to date and if you would like a hard copy, please stop by the office and request one from Michelle Cooper

We are excited to be able to provide this information as a digital file which will save time, money and provide it in a more usable/storable format. Thank you for your support in this endeavor.

## Job opportunities at Micah

Work with neighbors in need every day, and get paid to do it! The following job opportunities are now available at Micah Ministries.

### Health Services Navigator

The Health Services Navigator is a full-time salaried position at Micah's Respite house, which is an eight-bed group home for homeless individuals who are recovering from a recent hospital stay. Responsibilities include receiving referrals, providing follow-up care, and connecting guests to supports necessary to address their health challenges and stabilize their lives. Minimum Bachelor's Degree in a human service with at least two years working with a special needs population (i.e. homeless, mentally ill, substance use, etc.). Apply through Indeed at <http://bit.ly/HCNavigator>.

### Cold Weather Shelter Monitor

The Cold Weather Shelter Monitor is a seasonal position at Micah's winter shelter, which runs November through March in an effort to keep our homeless neighbors from freezing during the winter. Responsibilities include supporting volunteers in evening shelter set-up, assisting with check-in, monitoring the shelter overnight, developing a relationship with guests, supporting their immediate needs and advising daytime staff for follow up. Ideal candidate will have a familiarity with people experiencing homelessness, mental health and other forms of disability. Apply through Indeed at <http://bit.ly/CWSmonitor>.

## Two Workshops Planned in November on the UMC "Way Forward"-Upcoming General Conference

The United Methodist Church will hold a Called Session of General Conference in February 2019 on issues related to human sexuality. This topic has been the focus of a bishop-appointed commission called the Commission on a Way Forward that has been working on proposal for over one year, which was released in July 2018. We will hold a workshop facilitated by Rev. Dr. Mochel Morris here to discuss this topic on Nov 1, 7:00 – 9:30 pm and Nov 18, 2:00 – 4:30 pm. All are welcome to this time to learn about the issues and proposals before our denomination. For the most recent information on this topic from the Virginia UMC, go to: <https://livestream.com/VAUMC/COWFQA>, which provides a recording of a September 2018 Q&A session with our bishop and conference leaders.

BOOK

## ANGEL/DOVE TREE

*"Love shall be our token; love be yours and love be mine; love for God and neighbors, love for plea and gift and sign."*  
UMH 242

How does love come down for Prison Fellowship Angel Tree children and their families served by FUMC?

Yes, we do provide Christmas gifts for these children whose parents are incarcerated, but our focus is much broader than becoming a substitute Santa. Earlier this year, we committed to serving seventy-five Prison Fellowship children. As soon as we receive our children at the end of October, we begin contacting caregivers to verify each child's name and birthdate, to explain this ministry, and to begin the process of obtaining specific gift suggestions.

Love becomes evident in the ways we reach and respect caregivers. Having detailed information about every gift requested is essential if a gift to be just what each child hoped for or needed! Preparing the Angel tags provides another chance to love and to help restore a relationship when we include a special message to each child from the incarcerated parent.

Once the gifts have been purchased and returned to the church wrapped, elves insure that all gifts are readied for delivery. Age-appropriate religious booklets for each child and caregiver, as well as a special invitation for the family to attend Christmas events and services at FUMC, will accompany every delivery.

Church families will have an opportunity to share God's love when they greet a caregiver with these gifts. Love comes down at FUMC before even a single present is unwrapped!



# PRAYER REQUESTS

**CHRISTIAN SYMPATHY TO:** Carol and Bryan Knott and family on the death of her father, Shirley Kessler.; Frances McNutt on the death of her grandson, Jeff; Larry and Julia Tubbs on the death of his sister-in-law, Dee Tubbs.

**HEALTH CONCERNS-GENERAL:** Drug and alcohol addicted individuals, those with mental illnesses, all who are ill physically and mentally; those struggling with dementia and all who battle cancer.

## HEALTH CONCERNS—INDIVIDUAL NAMES

|                                 |                               |                  |                           |
|---------------------------------|-------------------------------|------------------|---------------------------|
| Kendall Baird                   | Barbara Fuller                | Cary Loesing     | Mary Schlapinski          |
| Anne Blosser                    | August Kay Hedge              | Kitti Mann       | Scott                     |
| Diane Bochnowski                | Kurt Hickman                  | Marcus and Liz   | Rosalee and Rudolph Siron |
| Brendan                         | Wyatt Jacobs                  | Margaret         | Ron Stapleton, Sr.        |
| Rick Claytor                    | Summer Jane                   | Brian Moore      | Suzanne                   |
| Sandy Collier                   | Charles Jones                 | Tonya Nelson     | Cayden Taylor             |
| Ken Davis                       | Kelsey                        | Andrew Newton    | Lee Wallace               |
| Family and Friends with illness | Michael Koerber's grandmother | Sue Nordstrom    | Linda Wiseman             |
| Harrison Ferris                 | Jayne Manger                  | Rebecca and Mike | Chuck Zilhaver            |
| Kim Carryer's father            |                               | Benjamin         | Jerry Dickerson           |

## LIFE EVENETS, GENERAL AND UNSPECIFIED PRAYERS

|                              |                    |                                    |                         |
|------------------------------|--------------------|------------------------------------|-------------------------|
| Allison—depression           | Church and nation  | Those affected by Florence         | Mae Donahue             |
| Karly—safety                 | Ben and family     | Family of Mari Rippey on her death | Lori and Greg Wren      |
| First responders to Florence | Lori and Greg Wren | Mark C                             | Audrey Lewis and family |

## MINISTRIES OF THE CHURCH:

|   |  |
|---|--|
| Fall Kick Off events                                  | Church and Nation                                      |
| Fall Generosity/Stewardship Campaign                  | Connect, Grow, Serve, Seek Teams                       |
| Sunday School and other Small Groups at FUMC          | Visitation Ministry and Congregational Care Ministries |
| Mary Pasternak's ministry                             | Saturday Heartsong Service                             |
| Connect, Grow, Serve and Seek Teams                   | FUMC's missions—may they grow in 2018                  |
| Our new pastors as they transition into ministry here |  |

## PRAISE

|   |                                     |                         |                                 |
|---|-------------------------------------|-------------------------|---------------------------------|
| Help with persevering through difficult times | Thankful for opportunity to be here | Church for its missions | Hannah and Jamison's engagement |
|---|-------------------------------------|-------------------------|---------------------------------|

## LONG-TERM CONCERNS

|                                   |                                       |  |                            |
|-----------------------------------|---------------------------------------|--|----------------------------|
| Brian Alexander                   | Luella Everitt (Diane Isenberg's mom) | Wayne Jackson and Patti                              | Mary Katherine Resio       |
| Vy Bass                           | Gladys Faust                          | Rebecca Knerr  | Holley Ryan                |
| Shannon Berry – pancreatic cancer | Doug Green                            | Bob LaChance   | Tina Sheffield             |
| Lisa Foeman Boatwright            | Wayne Hedge – cancer in lung          | Jim Mann   | Joyce Suttle               |
| Helen Boswell                     | Alberta Hickman                       | Rylee Maslock  | Jeff Temples               |
| Alma Bradley                      | Bobby Hill—spina bifida (GA)          | Caleb Merendino                                      | Tricia                     |
| Joan Buchan                       | (Lydia O'Neil's grandson)             | Ruth McGhee  | Julie Tubbs                |
| Connie – terminal cancer          | Dan Himmel                            | Carol Pancake  | Tabitha Van Doren          |
| Michelle Cooper                   | Mark and Alice Hoover                 | Helene Patterson (Poet's Walk – aunt of Amy Zurasky) | Cindy Wilson – broken neck |
| Ellen Coppell                     | Linda Haynes                          |  | Amy Young and Family       |
|                                   |                                       |  | Pete Zaremba               |

## NATION & MILITARY/PUBLIC SERVANTS

|                                  |                            |                   |                         |
|----------------------------------|----------------------------|-------------------|-------------------------|
| Healing divided nation           | Airman Adam DeWitte, USAF  | Sgt John Phin     | Kyle Shiner             |
| Nation and Leaders               | Riley Nefferendorf         | William Rowe—Navy | 2nd Lt Ted Steber, USMC |
| All Military and Law Enforcement | Pvt Winter Ewer            | Sgt J Seaux       | Drew Wilson—Afghanistan |
| First Responders                 | Walt Kuck, USS Lassen, USN |                   |                         |



**"The Struggle is Real"**

**A One-Night Women's Event**

Friday, November 2, 6-9:30 p.m.

**Free Childcare available.**

Come, experience an event full of story, worship, and biblical teaching. Be encouraged in your faith, while connecting with other women in your community! Learn how to find the joy in screw-ups, let-downs, and downright ridiculous stuff in life from Nicole Unice's teaching from *The Struggle is Real*.

Host: Ebenezer UMC, 161 Embrey Mills Road, Stafford VA 22554.

Contact [jshoup@ebenezerumc.org](mailto:jshoup@ebenezerumc.org).



We have **two job openings** within the staff of FUMC: Greeter/Caretaker and Custodian/Facility Maintenance. If you are interested, visit [Indeed.com](https://www.indeed.com), our [website](#) or contact Kurt Nordstrom [kurt nordstrom@fumcva.org](mailto:kurt nordstrom@fumcva.org).



October 26



The 11:00 Worship Service needs a few more acolytes to participate in the worship service.

If you have a son or daughter who would be interested in serving, please contact Don Becker 540-371-2155 or [beckerdl@aol.com](mailto:beckerdl@aol.com).

What a great way for children and youth to participate as part of the worship team!

Stretch, Strength & Calm

## YOGA



### Mornings this fall

Contact Libby Wasem at (540) 735-5555 [lwase749@verizon.net](mailto:lwase749@verizon.net) for information. The Morning Yoga classes are for all levels. All are welcome. The benefits of Yoga are increased strength, flexibility, and a calmer mind. The intent is to provide an experience of wellness for our congregation. Child care is provided on Tuesdays with a weeks scheduling in advance with Jillian Murray. The class will meet Tuesdays and Thursdays from 9:30-11 AM starting October 2 into May. We follow the Pre-School calendar.

### COMMUNITY HEALTH FAIR

November 2, 2018 ~ 9:30 a.m.—1:30 p.m.

FREE and open to the public

Massad YMCA, 212 Butler Road, Falmouth VA 22405  
(540) 371-9622, [www.family-ymca.org](http://www.family-ymca.org)

|                   |                             |                            |
|-------------------|-----------------------------|----------------------------|
| Fair Objectives:: | Awareness and Education     | Chronic Disease Prevention |
|                   | Lifestyle Information       | Integrative Medicine       |
|                   | Safety                      | Occupational Health        |
|                   | Demonstrations & Activities | Free Screenings            |

This event will provide a valuable service to our community and everyone that attends the fair will be able to use the YMCA'S facilities that day. Group exercise demos will be showcased throughout the event.

## CONTACTS

VA Conference Bishop Sharma D. Lewis  
Rappahannock River District of the UMC Superintendent: Rev. Dr. Ted Smith

**Lead Pastor:** Ext. 104  
[pastorgina@fumcva.org](mailto:pastorgina@fumcva.org)  
**Associate Pastor:** Ext. 106  
[pastorjosh@fumcva.org](mailto:pastorjosh@fumcva.org)  
**Director of Youth Ministries:** Ext. 107  
[amydotto@fumcva.org](mailto:amydotto@fumcva.org)  
**Director of Children's Ministries:** Ext. 110  
[jillianmurray@fumcva.org](mailto:jillianmurray@fumcva.org)  
**Assistant Director of Children & Nursery:** Ext. 110  
[kimcarryer@fumcva.org](mailto:kimcarryer@fumcva.org)  
**Preschool Director:** Ext. 117  
[beckypatrick@fumcva.org](mailto:beckypatrick@fumcva.org)  
**Music Director:** Ext. 116  
[davidkirven@fumcva.org](mailto:davidkirven@fumcva.org)

**Contemporary Worship Leader, Children and Youth Choir Director:** Ext. 113  
[jenniferleja@fumcva.org](mailto:jenniferleja@fumcva.org)  
**Youth Praise Team Leader and Audio/Visual Director**  
[kennysmith@fumcva.org](mailto:kennysmith@fumcva.org)  
**Organist**  
[robertbaird@fumcva.org](mailto:robertbaird@fumcva.org)  
**Facilities Manager:** Ext.115  
[kurt nordstrom@fumcva.org](mailto:kurt nordstrom@fumcva.org)  
**Office Manager:** Ext. 105  
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**Financial Administrator:** Ext. 102  
[vickyborror@fumcva.org](mailto:vickyborror@fumcva.org)  
**Church/Membership & Stewardship Secretary:** Ext.103,  
[michellecooper@fumcva.org](mailto:michellecooper@fumcva.org)

## Ways to Give

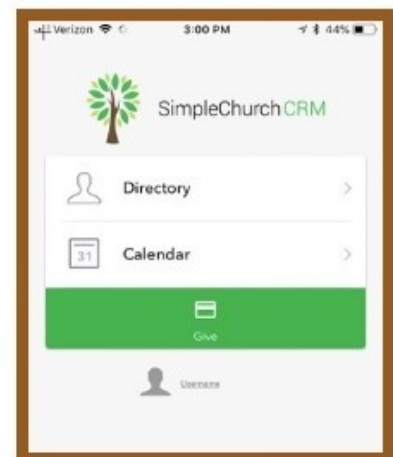
**1. Online Donations.** Visit [www.fumcva.org](http://www.fumcva.org). Click on the "GIVE" button at the upper right side of the page.

**2. Download our APP** on the Apple or Google Store. Give each week or to special causes, see our Calendar, lookup a phone number, pledge and update your information.

**3. ACH/Bank-to-Bank.** Contact Michelle Cooper at (540) 373-9021, x103 or [michellecooper@fumcva.org](mailto:michellecooper@fumcva.org) to receive the paperwork necessary for the ACH transfer. Transfers can be on the 5th and/or the 20th of each month. Note this automated option has **NO processing fees for our church.**

**4. Cash or Check.** Use your envelopes or the envelopes in the pew.

**5. Gifts of Stock.** If you wish to donate stock, please contact David Pierce at Davenport and Co., LLC, (540) 373-1863. Fredericksburg UMC uses this institution to liquidate gifts of stock.



Download the simple.church app for your Apple or Android phone!

[techsupport@fumcva.org](mailto:techsupport@fumcva.org) for help